

PHYSICAL THERAPY AIDE

DISTINGUISHING FEATURES OF THE CLASS: This is non-technical work involving responsibility for performing routine housekeeping and helper tasks in support of a physical therapy program in a health care facility and also assisting in preparing and transporting residents for treatment. Incumbents receive on-the-job training in routine physical therapy related duties and procedures. Direct supervision is received from the Director of Physical Therapy Services. Does related work as required.

TYPICAL WORK ACTIVITIES:

Prepares residents for treatment and transports or accompanies them to treatment areas;
Transports and adjusts physical therapy equipment as assigned;
Assists residents with exercise movements or in changing position during treatment;
Assists the Director of Physical Therapy Services in restorative and rehabilitative treatments;
Assists residents in carrying out their maintenance programs as directed by the Director of Physical Therapy Services;
Observes residents for safety and comfort and notifies supervisor of any changes in residents condition;
Cleans, repairs and stores physical therapy equipment and supplies;
Prepares, cleans and maintains physical therapy and supportive treatment areas;
Assists in maintaining inventory of physical therapy supplies and equipment;
Prepares and maintains simple non-medical records and reports as required.

FULL PERFORMANCE KNOWLEDGE, SKILLS, ABILITIES AND PERSONAL CHARACTERISTICS:

Working knowledge of basic principles, objectives and terminology of physical therapy in a health care facility;
Working knowledge of the operation, care and storage of apparatus and equipment used in the physical therapy program;
Ability to understand the problems and attitudes of ill, aged and handicapped persons;
Ability to observe and communicate patients responses to treatment;
Ability to motivate and encourage residents to continue with maintenance regimes;
Ability to prepare and maintain simple non-medical forms and reports; Ability to understand and follow oral and written instructions;
Sufficient physical strength to support and lift adult patients;
Patience;
Tact;
Willingness to work with geriatric patients;
Physical condition commensurate to the demands of the position.

MINIMUM QUALIFICATIONS: None

PHYSICAL THERAPY AIDE--CONTD

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