

Your Mental Health Team

When you come to us for care and support, your mental health team may include any of the following:

- NYS licensed psychiatrists
- NYS licensed nurse practitioners
- NYS licensed psychologist
- NYS licensed clinical social workers
- Caseworkers
- Case managers

The Adult Clinic is open Monday and Friday from 8:30am to 5pm and Tuesday through Thursday from 8:30am to 9pm.

All services are confidential.

For information or to schedule an appointment, call: 607.778.1152

**Broome County Mental Health Dept.
229-231 State Street
Binghamton, NY 13901**

**Debra A. Preston
Broome County Executive**

**Arthur R. Johnson, LCSW
Commissioner of Mental Health**



**Broome County
Mental Health Department**

Adult Outpatient Mental Health Clinic



Adult Outpatient Mental Health Services

The Outpatient Mental Health Clinic is specially designed to meet the emotional and psychological needs of adults (18 and older) with mental health concerns or issues. In a confidential supportive environment, we strive to make you as comfortable as possible and ensure you receive quality care.

We are licensed by New York State Office of Mental Health and strive to provide excellent care to all our patients.

The Clinic is staffed by an interdisciplinary team that provides treatment for a wide range of emotional and mental difficulties to residents of Broome County who are 18 years of age or older. Treatment is voluntary and available for anxiety, depression, sexual and physical abuse, thought disorders and psychosis, and other emotional problems. The Adult Clinic provides individual therapy, various types of group therapy, and injectible medication clinics.

The Outpatient Mental Health Clinic strives to meet the needs of the community. More groups may be offered as needs progress and change.

Services we offer

The following services are provided by the Outpatient Mental Health Clinic:

- Comprehensive evaluation
- Psychiatric evaluation
- Psychological testing
- Group therapy – MICA, CBT, etc.
- Medication management
- Access to latest information and education

We also provide referrals to other community-based services that can be of help to you.

What you can expect

Your first appointment will be scheduled with a social worker and will take about an hour and a half. During this appointment, a mental health assessment will be completed.

Please bring with you

- Your current medications (with dose and frequency)
- The names of your physicians and other care providers
- Your health insurance card(s)

If you don't have insurance, please let us know at the time of your appointment. We will then be able to refer you to a staff member who can help you apply for insurance or make special payment arrangements.