

Children and Youth Services Council:

School & Community Resource Guide

2011



The directory is designed to provide school staff and community agencies with resources and training available here in our community. Education opportunities are listed for Youth, parents, professionals and teachers. Please contact the provider for more information about their specific programs

Promoting Positive Behavior and School Success

Topic	Description	Target Audience & Fee	Contact Person, Phone, Fax, Email
Bullying/Cyber Bullying and Safety on the Internet	Program addressing safety concerns with teens. How do we stay safe online and protect ourselves and others?	Middle and High School Students	Meghan Whalen Crime Victims Assistance Center, Inc. 377 Robinson Street Binghamton, NY 13904 Meghan@cvac.us
Cyber Bullying/ Texting /Sexting	Program designed for students, professionals, parents. Learning what this means for our students and strategies to address the related problems.	Middle and High School Students, Professionals Working with Students, and Parents Cost: Free	Margo Doyle, Director of Education Planned Parenthood of South Central New York 117 Hawley Street, Binghamton, NY 13901 607-723-5130 margo.doyle@ppfa.org
Stress & the Conflict Cycle	Kids: Discussion and activities to help students identify stressors, understand the conflict cycle, and it includes a "toolbox" for handling sadness and anger. Adults: Focuses on adult stress and the adult conflict cycle to help them respond more positively to children they work with. (Both 45 minutes to 2 hours)	Faculty, Staff, Parents, and Students:	Nancy Barno Reynolds & Andrea Allio SHARE Team, BU Contact: Mary Waskie 725-8103 or mwaskie@binghamton.edu
School Engagement/ Truancy Prevention and Connectedness	Discussion of proven strategies to improve attendance and sense of connection to school.	Faculty and Staff Cost: Free	Nancy Barno Reynolds & Andrea Allio SHARE Team, BU Contact: Mary Waskie 725-8103 or mwaskie@binghamton.edu

Myths & Facts about Bullying	A discussion of myths & facts about bullying, effects of bullying on all students, information for parents on what to do if your child is bullied or is the bully.	Parents 40 to 60 Min. Presentation Cost: Free	Mary Waskie 725-8103 or mwaskie@binghamton.edu
Bullying/On the Spot Interventions	What bullying is/is not and what teachers and support staff can do to stop a bullying incident in its tracks. Bullying “hot zones” and how to address them.	Faculty and Support Staff at Elementary Schools	Meghan Whalen Crime Victims Assistance Center, Inc. 377 Robinson Street Binghamton, NY 13904 Meghan@cvac.us
Bullies, Bystanders & the Law	A discussion on what bullying is, tips on how to avoid being bullied, how to be an upstanding bystander, and some of the laws that can be used to prevent continued bullying	Students 45 to 60 Min. Presentation Cost: Free	Mary Waskie 725-8103 or mwaskie@binghamton.edu
Olweus Bully Prevention Program	An overview of the Olweus Bully Prevention presented by a certified Olweus Bully Prevention trainer.	Parents and Schools 45 to 60 Min. Presentation Cost: Free	Mary Waskie 725-8103 or mwaskie@binghamton.edu
Sexually Aggressive Youth	Legal issues and concerns for parents, professionals, victims, and perpetrators	Faculty, administrators, professionals, parents, students Cost: Free	Cheryl Sullivan, Broome County Attorney’s Office 778-2117
Effects of Domestic Violence on Children	This workshop addresses how to recognize children who are suffering from the effects of having witnessed domestic violence and when to refer these children to therapy.		Janette Cyganovich 778-2153

Social Networking Safety	Program addressing safety concerns on Facebook, MySpace, texting, sexting, cyber bullying, smart-phones, virtual worlds, IM, etc.	Parents, School Staff and Anyone Working with Teens	Meghan Whalen Crime Victims Assistance Center, Inc. 377 Robinson Street Binghamton, NY 13904 Meghan@cvac.us
Girls Circle	8-12 week empowerment program working in groups of 8-10 teenage girls. We work on issues of body image, sexuality, communication, goal setting, healthy relationships, etc.	13-18 Year Old Girls	Meghan Whalen Crime Victims Assistance Center, Inc. 377 Robinson Street Binghamton, NY 13904 Meghan@cvac.us
Healthy Relationships for Teens/Dating Violence	Teaches teens what a healthy relationship looks like vs. an unhealthy one. Addresses attitudes and behaviors in relationships and interactive prevention strategies.	Teens & Parents of Teens	Meghan Whalen Crime Victims Assistance Center, Inc. 377 Robinson Street Binghamton, NY 13904 Meghan@cvac.us
Bullying/Cyber Bullying and Safety on the Internet	Program addressing safety concerns with teens. How do we stay safe online and protect ourselves and others?	Middle & High School Students	Meghan Whalen Crime Victims Assistance Center, Inc. 377 Robinson Street Binghamton, NY 13904 Meghan@cvac.us

Yello Dyno	Yello Dyno is a musical puppet program designed to address strangers, body safety, asking first, and secrets.	Designed for Kids in Pre-K, Kindergarten, or Day Care.	Meghan Whalen Crime Victims Assistance Center, Inc. 377 Robinson Street Binghamton, NY 13904 Meghan@cvac.us
YAP Youth Assault Prevention	Presented over two days, typically in a health class. Topics include: sexual assault, dating violence, bullying, stranger lures, harassment, etc.	Middle & High School Students	Meghan Whalen Crime Victims Assistance Center, Inc. 377 Robinson Street Binghamton, NY 13904 Meghan@cvac.us
Positive Behavioral Intervention and Supports (PBIS)	Presentation on improving student academic and behavioral outcomes with the most accessible, effective and accurately implemented instructional practices and interventions.	Faculty/Staff	Francisco Paler-Large Union Endicott HS Asst. Principal 607/757-2181/2182/2183

Career, Vocational, and Self Exploration

Topic	Description	Target Audience/Fee	Contact Person, Phone, Fax, Email
ePortfolios for Lifelong Learning, Assessment, Personal Branding, and College Applications	ePortfolios prepares adults and students to market themselves to employers and educational institutions by showcasing their skills, reflecting on their achievements, networking, and lifelong learning. It can also be used for assessing authentic student learning.	HS Educators, Junior and Senior High School Students, and Community-based Organizations Cost: Free	Geetha Nehemia 607-778-5551 nehemiag@sunybroome.edu

True Colors Personality Workshop	True Colors personality testing is a simplified version of the Myers-Briggs test that can be used in a school or professional setting. The workshop helps participants understand their own style and how it may conflict or coincide with others. A fun and interactive workshop that can enhance self-awareness, reduce conflict, and promote greater understanding and tolerance of those different from us.	Can be Adapted to Classrooms or Professional settings Cost: Free	Mary Whittaker, LCSW Broome Community College 778-5210 whittaker_m@sunybroome.edu
Career and College Exploration	Career exploration, how to pick a college, and college transfer information, presented in a lively, interactive format.	Geared Toward High School Juniors and Seniors.	Joe Spence, Mary McCarthy, Mary Whittaker, or Deb Hibbard BCC Counseling Services 778-5210 whittaker_m@sunybroome.edu

Stress Management/Change In The Workplace

Topic	Description	Target Audience/Fee	Contact Person, Phone, Fax, Email
Save Dollars Save Energy	Workshop to help participants reduce their energy bills, discover low-cost and no-cost energy conservation methods, and learn about community resources to assist you in making energy improvements in your homes. Each person attending will receive a FREE energy savings tool kit!	Your Community Group or Agency Cost: Free Each person attending will receive a FREE energy savings tool kit!	Please call Paul at 584-9971 (Cornell Cooperative Extension) to schedule a workshop or view a list of our already scheduled workshops @ www.ccetompkins.org/energy/broom-e-county

General Health and Wellness

Topic	Description	Target Audience/Fee	Contact Person, Phone, Fax, Email
Lourdes Hospice Program	1. Overview of Hospice Services 2. Grief & Loss 3. Caregiver Burn-Out	Varies – Youth, Families, Parents, Employers, Teachers, etc.	Sarah Hopkins & Daniele Wagstaff
Teens and Domestic Violence	Experiencing/broad overview of domestic violence, etc.	Faculty, Staff, Parents, and Teens Cost: Free	Leia O’Connell (SOS Admin) 748-7453 leiam@sosshelter.org
Don't Get Bit by the Bug	Brief overview of how to recognize where you have bed bugs where you live or work & how to control the infestation. Advice on what to do to avoid spreading bed bugs from one place to another is also provided.	Faculty, Parents, and Students 30 Min Presentation	Andrea Allio SHARE Team, BU Contact: Mary Waskie 725-8103 or mwaskie@binghamton.edu Andrea
Prevention of Sexually Transmitted Diseases & Pregnancy	The goal of this presentation is to describe how to avoid being infected with an STD, how to recognize common symptoms, and whether or not treatment is available. Methods for preventing pregnancy with an emphasis on abstinence.		Andrea Allio SHARE Team, BU Contact: Mary Waskie 725-8103 or mwaskie@binghamton.edu Andrea
HIV and STI's	Discussion of HIV, STI's, and Living with HIV	Can Tailor to Audiences of Ages 13 and Up Cost: Free	Judy Dzuba, Faculty Broome Community College dzubage@sunybroome.edu Andrea Allio 725-8103 or mwaskie@binghamton.edu
HCV/HBV Loving your Liver	Functions of the liver Conditions/actions that affect the liver The hepatitis disease process Prevention	High School and College Students Cost: Free	Judy Dzuba, Faculty Broome Community College dzubage@sunybroome.edu Andrea Allio 725-8103

TB: How this Infectious Disease is Still Affecting our Current Population	Description of the disease How it is spread Treatment options Prevention	High School and College Students Cost: Free	Judy Dzuba, Faculty Broome Community College dzubage@sunybroome.edu
Preventative Dental Care	The basics of dental health, why it is important to maintain a healthy mouth, how it impacts our health.	All Age Groups: K-12, College Students and Professional Adults Cost: Free	Judy Dzuba, Faculty Broome Community College dzubage@sunybroome.edu
Dental Care in Today's Health Care System	The impact of little/no dental insurance and how it affects both adults and children. Why it is important for Health Care Professionals to be informed about dental health issues	Cost: Free	Judy Dzuba, Faculty Broome Community College dzubage@sunybroome.edu

Legal and Safety Issues

Topic	Description	Target Audience/Fee	Contact Person, Phone, Fax, Email
Domestic Violence	Dynamics, how to help a friend or yourself, statistics, prevention, and community support.	College, Adult, and Professional	Meghan Whalen Crime Victims Assistance Center, Inc. 377 Robinson Street Binghamton, NY 13904 Meghan@cvac.us

Runaway and Homeless Youth	Current data and legal concerns for homeless and runaway youth in NYS	Teachers and youth services providers.	Contact: John Dancesia jdancesi@svsabers.org 775-9148
Juvenile Justice	As a local leader and attorney dealing with issues and concerns of the juvenile justice system, Broome County Attorney Cheryl Sullivan will discuss a variety of aspects of the juvenile justice system, juvenile sex offenders, and local interagency collaboration and planning.	School Administrators, Faculty, and Service Providers	Cheryl Sullivan Broome County Attorney's Office 778-2117 CDSullivan@co.broome.ny.us
Overview of the Juvenile Delinquency Process	General overview of legal processes for those under sixteen years old who have been charged with crimes.	Parents, Students, Faculty, and Staff Cost: Free	Renee West Probation 778-2973
PINS Process/Probation	What it means for families and schools.	Parents, Students, Faculty, and Staff Cost: Free	Julie Wolfer 778-8921
Working with Sexually Aggressive Youth	The Sexually Aggressive Youth Intervention Team is a committee of the Broome County Family Violence Prevention Council. It provides the professional community with a multidisciplinary case conferencing approach and forum to recommend interventions with sexually aggressive youth. The team also provides education on working with sexually aggressive youth within a multidisciplinary context. Team	Faculty, Staff, Parents, and Human Service Professionals.	Janette Cyganovich 778-2153 Or Cheryl Sullivan Broome County Attorney's Office 778-2117 CDSullivan@co.broome.ny.us

	<p>members have a thorough working knowledge of all aspects of sexually aggressive youth, community resources, legal considerations, diagnosis, and treatment planning. One of its main objectives is to continually improve the identification, referral process, and treatment for sexually aggressive youth in an effort to prevent further victimization and stop the cycle of abuse at the earliest possible opportunity.</p>		
<p>Effects of Domestic Violence on Children</p>	<p>This workshop addresses how to recognize children who are suffering from the effects of having witnessed domestic violence and when to refer these children to therapy.</p>	<p>Parents, school personnel, human service professionals, public.</p>	<p>Janette Cyganovich 778-2153</p>
<p>Working with Families Affected by Domestic Violence</p>	<p>This workshop deals with how to talk to families about violence in the home, the effects on their children, and some safety issues to be aware of for both the professional and the family.</p>	<p>School personnel, human service workers.</p>	<p>Janette Cyganovich 778-2153</p>
<p>Recognition and Reporting of Child Abuse and Maltreatment</p>	<p>This class is for professionals who are mandated by law to report child abuse and maltreatment in NYS. When the 3 hr. workshop is done to fulfill the requirements for professional certification or license, there is a charge for the class. This seminar addresses physical and behavioral</p>	<p>Cost: Contact Janette Cyganovich for information</p> <p>The Council can also provide a 1-hour refresher class to mandated reporters who have already taken the</p>	<p>Janette Cyganovich 778-2153</p>

	indicators, the reporting requirements in New York State, and how to make a report to the New York State Central Register for Child Abuse & Neglect.	3-hour class. There is no charge for a refresher class.	
Law Guardian/Family Law Issues	Legal issues of minors in the family court system.	Students, Adults, and Parents	Dan Reynolds, Attorney Shaw, O'Brien, Crowley & Reynolds 723-5408.
Law Guardians – What Are They and Who Needs One?	The role of a law guardian, and how they assist children and families. Types of cases include custody/visitation (in Family Court and in Supreme Court divorce actions), abuse and neglect, juvenile delinquency, PINS (person in need of Supervision), occasionally Family offense (orders of protection), paternity, and less frequently, child support.	Faculty and Parents	Carman M. Garufi The Law Office of Carman M. Garufi 68 Oak Street Binghamton, New York 13905 Member of the Advisory Committee at the Appellate Division
Child Abuse/Neglect	Prosecutable offences AND/OR signs and symptoms of abuse/neglect.	Faculty, Staff, Parents, Students, and Immigrant Populations One Hour	Phil Stamato, Prosecutor DSS Legal Office 778-2684
Family Court Procedures and What To Expect	Discussion of processes and purposes of family court.	Faculty, Staff, Parents, Students, and Immigrant Populations	Phil Stamato, Prosecutor DSS Legal Office 778-2684

Sexual Assault/ Date Rape	This program can address the current problem, where and how it is happening as well as prevention strategies.	Can be Tailored to <u>Any</u> Audience (Youth, Adult, and Professional)	Meghan Whalen Crime Victims Assistance Center, Inc. 377 Robinson Street Binghamton, NY 13904 Meghan@cvac.us
Scams & Fraud	Addresses current fraudulent schemes and scams that dupe thousands every year.	Adults and Seniors	Meghan Whalen Crime Victims Assistance Center, Inc. 377 Robinson Street Binghamton, NY 13904 Meghan@cvac.us
CAP Child Assault Prevention	Teaches kids to be safe strong and free. It is a whole school program (every classroom) addressing bullying, strangers, and “known adults who betray.”	Elementary Students	Meghan Whalen Crime Victims Assistance Center, Inc. 377 Robinson Street Binghamton, NY 13904 Meghan@cvac.us
Literacy and Media			
Topic	Description	Target Audience/Fee	Contact Person, Phone, Fax, Email
Careers in News/Media	Discussion on careers in news and media and educational requirements to pursue these careers.	Students Cost: Free	Jim Ehmke WBGH/WIVT 771-3434 ext.1934 Newschannel34.com

Moderator for Debates	Available for high school debate teams, to assist in a fair and equitable process.	Students Cost: Free	Jim Ehmke WBGH/WIVT 771-3434 ext.1934 Newschannel34.com
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Cultural Diversity

Topic	Description	Target Audience/Fee	Contact Person, Phone, Fax, Email
Cultural Diversity	Various topics ranging from tolerance to specific cultures, languages, etc. Will tailor to suit audience.	Varies Cost: Free	Doris Cheung Broome County Mental Health Association 771-8888
Issues and Challenges of Diversity	BCC faculty member, Scott Corley, offers a variety of topics on ethnic and cultural diversity tailored to the audience.	Professionals, Teens, Young Adults Cost: Free	Scott Corley, Faculty Broome Community College 778-5421 corley_s@sunybroome.edu

Parenting and Pregnancy Issues

Topic	Description	Target Audience/Fee	Contact Person, Phone, Fax, Email
Teen Pregnancy Prevention	Addresses factors which contribute to unplanned teen pregnancy. Middle school programs focus on refusal, decision making, and communication. High school programs offer the same with additional components addressing STIs and contraception.	Middle and High School Students Cost: Free	Margo Doyle Director of Education Planned Parenthood of South Central New York 117 Hawley Street, Binghamton, NY 13901 607-723-5130 x 212 margo.doyle@ppfa.org

Child Abuse	This program can address the current problem, when and how to report, how and how often it is happening as well as prevention strategies.	College Age, Adults, Parents and Professionals.	Meghan Whalen Crime Victims Assistance Center, Inc. 377 Robinson Street Binghamton, NY 13904 Meghan@cvac.us
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Youth Development/Ready by 21

Topic	Description	Target Audience/Fee	Contact Person, Phone, Fax, Email
Youth Development (all ages) & Teen Needs	Discuss youth development concerns from a Youth Bureau Director's perspective	Faculty, Staff, Parents, and Teens Cost: Free	Joanna Kamin Youth Bureau 778-2085
Youth Development Basics Workshop	Invest 4 hours and learn basic concepts of the youth development approach. Learn how you can bring a positive youth development approach to your practice and your program.	Cost: \$10.00	Kay Telfer (607) 584-5018
Revised Advancing Youth Development Training	A three day (18 hour), in depth training for front line youth workers, supervisors, and others. Some topics include: introduction to the Youth Development Approach, positive youth development outcomes, adolescent development, youth engagement, adultism, and core competencies of youth workers.	Staff/ volunteers in youth serving agencies and systems: front line youth workers, supervisors, executive directors, board members, volunteers, educators, juvenile/probation workers, mentors, health providers, case managers. Cost: \$20.00	Kay Telfer (607) 584-5018

Services in the Community

Topic	Description	Target Audience/Fee	Contact Person, Phone, Fax, Email
Understanding SPOA	Explains what Single Point of Accountability is in the community of child and adolescent mental health treatment.	Faculty, Staff, and Parents	Mary Whitcomb Catholic Charities - Youth Services 584-7800
Overview of the Foster Care System	The process from family court to foster care: Expectations, mandates, social worker expectations, consequences, getting your children back.	Parents and Faculty	Fred Mohrian, Director Children's Home 772-6904 ext. 208 Pam Harding Children's Home 772-6904 ext. 134.
Preventative Programs	Description of CHIPS (Children's Home Preventive Services) and TASP (Therapeutic After School Program)	Faculty, Staff, and Parents	Kim Stratton TASP 722-2804 Fred Mohrian, Director Children's Home - CHIPS 772-6904 ext. 208
Strengthening Networks of Youth Workers		Faculty and Staff	Joanna Kamin Youth Bureau 778-2085

Parent and Family Issues

Topic	Description	Target Audience/Fee	Contact Person, Phone, Fax, Email
Adoption	The process of adoption.	Parents	Alicia Gaucher Children's Home 772-6904 ext. 285.
Lourdes Youth Services Family Support Program	<ol style="list-style-type: none"> 1. Team Building - Discussion & Activities 2. Experiential-Based Activities – Topics Vary – Discussion & Activities 3. Communication Tips – Discussion & Activities 4. Family Engagement/Parent Empowerment 	Teaching/Agency Staff Families/Targeted Groups Cost: Free (Availability dependent upon funding)	Heidi Mikeska & Cindy Lord 584-4570
University of Connecticut's Family Development Training Class	<p>The Family Development program is a professional development course and credentialing program for frontline family workers to learn and practice skills of strength-based family support with families. To earn the FDC, a worker completes 100 hours of classroom instruction, prepares a skills portfolio, and passes a state credentialing exam.</p>	<p>Staff who work with families members across the life span including families with young children, school-age children, teen parents, retired people, people with disabilities, and many other groups.</p> <p>Cost: \$975.00 (Cost includes classroom instruction, credentialing fee, exam fee, text book and supplies)</p>	Contact Kelly Mabee Cornell Cooperative Extension (607) 584-5024

Mental Health/Substance Use/Abuse

Topic	Description	Target Audience/Fee	Contact Person, Phone, Fax, Email
Smoking Prevention	Tobacco & Pig's Lungs Demonstration	Students Cost: Free	Jill Alford-Hammitt, Rebecca Lewis, Scott Korn, and Maria Fabrizi Lourdes Youth Services (ADEPT) Alcohol and Drug Education Prevention Team 584-3111
Addiction and Substance Abuse Prevention	<ul style="list-style-type: none"> • Alcohol Presentation • Marijuana Presentation • Other Illegal Drugs (e.g. Heroin, Cocaine, LSD) • Over-the-Counter (OTC) & Prescription drugs including Anabolic Steroids Methamphetamine Awareness • Gambling Awareness 	Students Cost: Free	Jill Alford-Hammitt, Rebecca Lewis, Scott Korn, and Maria Fabrizi Lourdes Youth Services (ADEPT) Alcohol and Drug Education Prevention Team 584-3111
Targeted Prevention Education to Students	<p><u>Teen Intervene Curriculum</u> (three sessions, brief intervention delivered one-on-one for students using drugs and/or alcohol).</p> <p><u>CAST Curriculum</u> (small group sessions, delivered over six weeks, for students with alcohol and substance use concerns, attendance issues, and mood issues).</p>	Students Cost: Free	Jill Alford-Hammitt, Rebecca Lewis, Scott Korn, and Maria Fabrizi Lourdes Youth Services (ADEPT) Alcohol and Drug Education Prevention Team 584-3111

Adult Trainings: Certified by NYS Office of Alcoholism and Substance Abuse Services	<p>Working with Children Affected by Substance Abuse (3 clock hours)</p> <p>Gambling Overview (2 clock hours)</p> <p>Teen Intervene Curriculum Training (6.5 clock hours - Can be shortened but no OASAS credit will be given.)</p>	<p>Agency/School Staff, Parents, and Community Groups</p>	<p>Jill Alford-Hammitt, Rebecca Lewis, Scott Korn, and Maria Fabrizi Lourdes Youth Services (ADEPT) Alcohol and Drug Education Prevention Team 584-3111</p>
Addiction: Symptoms of Drug & Alcohol Abuse and Withdrawal in Teens	<p>Signs and symptoms of substance abuse in teens for parents, teachers and those involved with the care of teenagers. Discussion of strategies and tips, as well as resources. Also available to answer questions via contact info. 1 hour.</p>	<p>Faculty, Staff, Parents, and Teens</p>	<p>Roxanne Boehlert ACC (Addiction Crisis Center) 722-4080; rboehlert@frsinc.org</p>
Suicide Assessment/ Prevention	<p>Staff from the Community Psychiatric Emergency Program (CPEP) will discuss suicide assessment/prevention, how to access CPEP, and appropriate use of CPEP</p>	<p>Faculty, Staff, Parents.</p>	<p>Stacie Fitzgerald, LCSW-R CPEP – United Health Services Hospitals 762-2458</p>