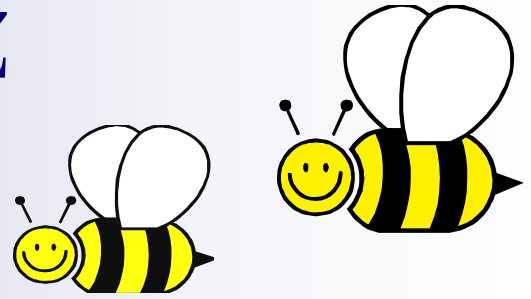


Bathroom Buzz

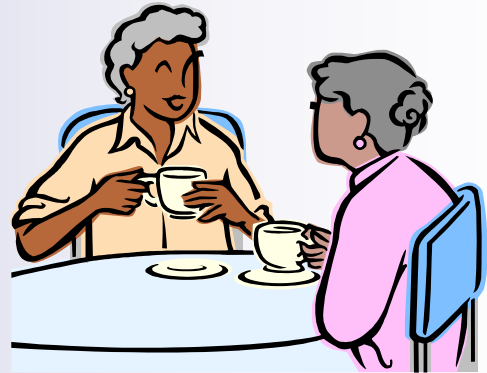


Communication

I let others finish talking before I speak.

I rarely use sarcasm or insults.

I clearly say what I mean.



I ask questions when I do not understand.

I willingly listen to the ideas and feelings of others.

I seldom get angry if someone disagrees with me.

Buzz of the month:

Buzzed to you by:

If the above statements describe how you communicate with others, then you have some good communications skills. What did you learn about yourself?

