

2009 H1N1 Pandemic Influenza Symptoms

Symptoms of H1N1 flu are similar to seasonal flu and include fever (100°F or higher), cough, sore throat, body aches, headache, chills and fatigue. These symptoms alone are not the flu.

Emergency warning signs in adults include:

Difficulty of breathing or shortness of breath



Sudden dizziness or confusion



Pain or pressure in the chest or abdomen



Severe or persistent vomiting



Flu like symptoms improve but then return with fever and worse cough



If experiencing any of these emergency warning signs, seek medical attention immediately.

For more information concerning H1N1 flu visit the Broome County Health Department website at www.gobroomecounty.com/hd/flu or call our information line 607.778.3331.