



Updated: November 2016

**Local support groups that may be of interest to seniors and caregivers**

***\*Please call before attending any group\****

Support Group	Location Time & Day	Contact
ALS Support Group Broome County	Broome County Public Library 185 Court St. Binghamton, NY 13901 First Saturday, 1:00 – 2:30 pm	Rebecca Coulter, LMSW 866-499-7257 website: alsaupstateny.org
American Parkinson's Disease Association - Southern Tier Chapter	Endwell United Methodist Church 3301 Watson Blvd. Endwell, NY 13760 Third Wednesday, 1:00 – 2:00 pm	John Nowik, President (H) 570-278-2138 (C) 570-396-1980
Alzheimer's Support Group <b>Johnson City</b>	First Presbyterian Church 2 Main St. Johnson City, NY 13790 First & Third Monday, 7:00 pm	Church: (607) 797-0836 Andrea Wright
Alzheimer's Support Group <b>Johnson City</b>	United Methodist Homes Hilltop Campus 286 Deyo Hill Rd. Johnson City, NY 13790 Third Wednesday, 4:00 pm	Aaron Ampula 607-785-7852
Alzheimer's Support Group <b>Vestal</b>	Vestal Public Library 320 Vestal Pkwy East Vestal, NY 13850 First Tuesday, 5:30 pm	Katie Maczko & Margaret Doyle 607-785-7852
For additional information on Alzheimer's Support Groups, call 607-785-7852 or 1-800-272-3900		
Cancer Support Groups	Locations and times vary	Call UHS at 607-763-5092 for more information & to register

Support Group	Location Time & Day	Contact
Caregiver Chat Group through the Broome County Office for Aging <b>Johnson City</b>	Stay Healthy Center Oakdale Mall (near Sears) Johnson City, NY 13790 First Monday, 1:00 – 2:30 pm	Judy Bobinski, Caregiver Specialist 607-778-2411
Caregiver Chat Group through the Broome County Office for Aging <b>Endwell</b>	Broome West Senior Center 2801 Wayne St. Endwell, NY 13760 Third Wednesday, 9:30 – 11:00 am	Judy Bobinski, Caregiver Specialist 607-778-2411
Caregiver Chat Group through the Broome County Office for Aging <b>Whitney Point</b>	Northern Broome Senior Center 12 Strongs Place Whitney Point, NY 13862 First Tuesday, 9:30 – 11:00 am	Judy Bobinski, Caregiver Specialist 607-778-2411
The Caregiver's Group	Tabernacle United Methodist Church 83 Main St. Binghamton, NY 13905 First Wednesday, 3:00 pm <b>(No meetings in July and August)</b>	Ruth Ferrari 607-785-5782 or The Church 607-723-8983
UHS Caregiver Support Group	Third Tuesday, 6:00 – 7:00 pm Locations vary	Call UHS for location and to register 607-763-5092
Chronic Pain Support Group	Denny's Restaurant 4024 Vestal Pkwy East Vestal, NY 13850 Second & Fourth Monday 11:00 am – 1:00 pm	Corky 607-655-2167
Depression and Bipolar Association Support Group	Unitarian Church 183 Riverside Dr. Binghamton, NY 13905 Mondays, 7:00 – 8:30 pm	Bunny Matthews 607-239-4624

Support Group	Location Time & Day	Contact
Hearing Loss Support Group- Binghamton Chapter	Johnson City Senior Center 30 Brocton St. Johnson City, NY 13790 First Wednesday, 7:00 pm <b>(No meetings in January, July and August)</b>	Donna Glover 607-427-0188 email: donnaker@verizon.net
How to Live Well as a Caregiver for Someone with Chronic Disease	Wilson Square Medical Building Radiation Oncology/CyberKnife Conference Room 22 Harrison St. Johnson City, NY 13790 First and Fourth Monday & Tuesday Mondays: 1:30 – 3:00 pm Tuesdays: 5:30 – 7:00 pm	Registration required by phone: 607-763-5092 or online: uhs.net
Mental Health Association (Holds a variety of support groups for 18+ individuals.)	Mental Health Association (MHA ST) 153 Court St. Binghamton, NY 13901 Times vary – some meetings in Endicott	Call Kim Taro for more information 607-771-8888, ext. 335
Mended Hearts Group (Cardiac Support Group)	Binghamton General Hospital Russell Room (use main entrance and look for signs) 10-42 Mitchell Ave. Binghamton, NY 13903 Fourth Monday, 6:30 – 8:00 pm <b>(No meetings in July and August)</b>	Dorothy Demorat, President (H) 607-785-3019 (C) 607-759-3234
Multiple Sclerosis Support Group (affiliated with MS of Central NY, Inc.)	Vestal Public Library 320 Vestal Parkway East Vestal, NY 13850 Fourth Thursday, 6:30 – 8:00 pm	Rick Fiori 607-321-1489 email: RFiori@stny.rr.com
National Alliance on Mental Illness (NAMI) (Support Group for people with mental illness and/or friends/family)	Greater Binghamton Health Center Keeler Building – Burns Conf. Room (2 <sup>nd</sup> floor) 425 Robinson St. Binghamton, NY 13904 First Monday, Noon Third Monday, 6:00 pm	Joyce Gioia 607-773-8229

Support Group	Location Time & Day	Contact
Paralysis Support Group	Vestal Public Library 320 Vestal Pkwy East Vestal, NY 13850 Second Monday, 2:00 – 4:00 pm	Derek 607-727-5032
Stroke Survivors and Caregivers Support Group	Vestal Public Library 320 Vestal Pkwy East Vestal, NY 13850 Fourth Tuesday, 1:00 – 3:00 pm	Sue Mayes 607-754-3405
Widow/Widower's Club	Denny's Restaurant 4024 Vestal Pkwy East Vestal, NY 13850 Wednesdays at 8:00 am	Phyllis 607-648-6650

The Office for Aging Caregiver Services Program has a variety of services to help support caregivers. This includes the *Caregiver Corner* newsletter, which is available online or by mail. Call to be added to the mailing list (778-2411) or go online to read current and past issues: [gobroomecounty.com/senior/cgcnews](http://gobroomecounty.com/senior/cgcnews).

For additional non-caregiver and non-senior related support groups contact:

Broome County NY Connects

607-778-2278

OR

1-800-342-9871

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