

# Meet, Greet & Eat

## January's Menu – Bon Appétit!

<b>MONDAY</b> (Breakfast for Lunch @ BW) (Pasta & Pizza Bar @ JC)	<b>TUESDAY</b> (Breakfast for Lunch @ NB & JC Senior Ctrs)	<b>WEDNESDAY</b>	<b>THURSDAY</b> (Golden Griddle @ EB)	<b>FRIDAY</b>
<b>Closed for the New Year</b> 2	<b>Spaghetti w/Meat Sauce</b> 3 Tossed Salad Cottage Cheese w/Chives Sherbet	<b>Breaded Fish OR Roast Beef w/Sauerbraten</b> 4 German Potato Salad Red Cabbage Supreme Banana	<b>Chicken Salad Sandwich</b> 5 Tomato Soup Rancho Fiesta Blend Veg. Peanut Butter Brownie	<b>Salmon Boat w/Dill OR Salisbury Steak</b> 6 Whole Baby Potatoes Spinach w/Lemon Fruit Cocktail
<b>Chicken ala King over a Biscuit</b> 9 California Blend Veg. Grape Juice Oatmeal Cookie	<b>Sweet &amp; Sour Pork Over Brown Rice</b> 10 Emperors Stir Fry Veg. Vanilla Pudding w/Strawberries	<b>Veggie OR Pub Burger w/Mushrooms &amp; Swiss</b> 11 Baked Potato Mexicorn Lemon Fruited Gelatin	<b>Roast Turkey</b> 12 Apple Bread Dressing Baby Beets Mandarin Oranges	<b>Broccoli Cheese Pollack OR Pepper Steak</b> 13 Brown Rice Pilaf Winter Squash Cinnamon Applesauce
<b>Sloppy Joe</b> 16 Macaroni & Cheese Broccoli Florets Sherbet	<b>Roast Pork OR Breaded Fish</b> 17 Scalloped Potatoes Country Blend Vegetables Peach Cobbler	<b>Liver &amp; Onions OR Chicken Marengo</b> 18 Mashed Potatoes Spinach Tropical Fruit	<b>Vegetable Lasagna</b> 19 Italian Style Green Beans Tossed Salad Pumpkin Pie Square	<b>Beer Battered Fish OR Chicken Rib BBQ</b> 20 Seasoned Potato Wedges Coleslaw Strawberry Fruited Gelatin
<b>Chicken Cacciatore Over Brown Rice</b> 23 Cauliflower w/Parsley Apple Juice Molasses Cookie	<b>Macaroni &amp; Cheese</b> 24 Stewed Tomatoes Scandinavian Blend Veg. Lime Fruited Gelatin	<b>Hawaiian Luau Ham w/Pineapple Glaze</b> 25 Hawaiian Baked Beans Island Blend Vegetables Side Salad Banana Cake w/Coconut Frosting	<b>Chicken &amp; Biscuits</b> 26 Mashed Potatoes w/Gravy Mixed Vegetables Apple Crisp	<b>Broiled Fish w/Lemon OR Grandma's Meatloaf</b> 27 Brown Rice Pilaf Winter Squash Pineapple Tidbits
<b>Tuna Noodle Casserole</b> 30 Stewed Tomatoes Corn Pumpkin Cookie	<b>Pierogies w/Onions OR Spinach Mushroom Omelet</b> 31 Marinated Vegetables Tossed Salad Banana	<b>Roast Turkey</b> 2/1 Mashed Sweet Potatoes Broccoli & Cauliflower Chocolate Pudding	<b>Beef Stroganoff Over Noodles</b> 2 Baby Beets Carrot Coins Bread Pudding w/Raisins	<b>Fish Florentine OR Salisbury Steak</b> 3 Baked Potato Peas w/Pearl Onions Pears

At all Broome County Senior Centers. Age 60+ – **\$3.00**; Under Age 60 – **\$4.00**. **Reservations are needed by noon the day before.** Menu subject to change. For more information or the telephone number of a senior center near you, call 778-2411.