

Meet, Greet & Eat

February's Menu – Bon Appétit!

MONDAY (Breakfast for Lunch @ BW) (Pasta & Pizza Bar @ JC)	TUESDAY (Breakfast for Lunch @ NB & JC Senior Ctrs)	WEDNESDAY	THURSDAY (Golden Griddle @ EB)	FRIDAY
Macaroni & Cheese Stewed Tomatoes Brussels Sprouts Sherbet	Chicken Breast Sand. w/Ranch Dressing OR Sloppy Joe Sandwich Hearty Vegetable Soup Seasoned Potato Wedges Bread Pudding w/Raisins	Roast Turkey Mashed Sweet Potatoes Broccoli & Cauliflower Chocolate Pudding	Beef Stroganoff Over Noodles Baby Beets Carrot Coins Apple Cobbler	Fish Florentine OR Salisbury Steak Baked Potato Peas w/Pearl Onions Pears
Beef Stew and a Biscuit Baby Carrots Cranberry Juice Spice Cookie	Chicken Breast Sand. 7 OR Sloppy Joe Sandwich Hearty Vegetable Soup Seasoned Potato Wedges Bread Pudding w/Raisins	Ham w/Pineapple Sauce 8 OR Liver w/Onions Scalloped Potatoes Corn Pineapples & Mandarin Oranges	Spaghetti w/Meat Sauce 9 Italian Style Green Beans Side Salad Blonde Brownie	Beer Battered Fish 10 OR Pepper Steak Mashed Potatoes Peas & Carrots Lime Fruited Gelatin
Beef Stew and a Biscuit 13 Baby Carrots Cranberry Juice Spice Cookie	Valentine's Day Luncheon 14 Roast Pork OR Fish Florentine Mashed Potatoes Country Blend Vegetables Side Salad Strawberry Shortcake	Pub OR Veggie Burger 15 w/Lettuce, Tomato & Onion Hawaiian Baked Beans Carrot-Raisin Salad Tahitian Tropical Fruit	Sweet & Sour Pork 16 Over Brown Rice Emperor's Blend Stir Fry Tapioca Pudding w/Mandarin Oranges	Chicken Marengo 17 OR Broiled Fish w/Lemon Garlic Mashed Potatoes Green Beans Pumpkin Cookie
Centers Closed 20 In observance of President's Day	Cheesy Shell Casserole 21 Wax Beans w/Pimento Italian Blend Vegetables Banana	Pierogies w/Onions 22 Scandinavian Blend Veg. Side Salad Chocolate Chip Bar	Presidential Luncheon 23 Roast Turkey w/Gravy Mashed Potatoes Broccoli Florets Cherry Fruited Gelatin	Chicken Rib BBQ 24 OR Breaded Fish Seasoned Potato Wedges Coleslaw Pineapple Tidbits
Tuna Noodle Casserole 27 Stewed Tomatoes Cut Green Beans Fresh Orange	Chicken Salad Sand. 28 Minestrone Soup Marinated Vegetables Peach Crisp	Roast Beef 29 W/Sauerbraten Sauce German Potato Salad Red Cabbage Supreme German Chocolate Cake	Chili Cheese Dog 3/1 O'Brien Potatoes Side Salad Cinnamon Applesauce	Fish Florentine 2 OR Salisbury Steak Lemon Brown Rice Pilaf Bahama Blend Vegetables Oatmeal Cookie

At all Broome County Senior Centers. Age 60+ – \$3.00; Under Age 60 – \$4.00. Reservations are needed by noon the day before. Menu subject to change. For more information or the telephone number of a senior center near you, call 778-2411.