

A Game for All Ages: Wii Can All Play!

At a recent Wii-Play demonstration, the 22 year old instructor got walloped by a pleased 94 year old beginner by an amazing 20 pins! This is a true testament to the fact that you are never “too old” to play the new Nintendo Wii.



Wii-Play is easy to learn and instruction is available and Broome County Office for Aging is happy to announce that Nintendo Wii systems have arrived. Five senior centers have the game and are ready for players: Broome West, Vestal, Johnson City, Eastern Broome and Northern Broome. Wii-Play may also be making guest appearances at other local centers!

The Wii is immensely popular among game-players of all ages. You can play games while either sitting or standing, so it is easy for people at many different ability levels. Studies have shown that the Wii has significant health & wellness benefits and can stimulate your brain and keep you sharp.

Bowling is the most popular Wii game. You actually swing your arm to throw the ball down the lane. You can do all this without the stress of a 10 + pound ball, because the remote control weighs only 10 ounces.

You can also try your hand at tennis, baseball, or golf.

Demos will be held at the following senior centers:

- North Shore Towers located at 24 Isbell Street in Binghamton on Wednesday, January 21 at 11:00 a.m.
- Vestal located at 201 Main Street (old Vestal Junior High School Cafeteria) on Tuesday, January 27 from 10:30 – 11:30 a.m.
- Eastern Broome located at 27 Golden Lane in Harpursville on Wednesday, February 25 from 10:45 – 11:30 a.m.

Call the senior center of your choice or 778-2298 for more information.