



# Broome County Office for Aging

...bringing seniors and services together

## Respite Care Options in the Greater Binghamton Area

When a caregiver needs a break

**Before you arrange any kind of respite care for your loved one, you may first want to have an assessment done to determine what options are the most appropriate for your caregiving situation.** Call NY Connects/CASA at 778-2420 to arrange for an In-home assessment.

Listed below are the various respite care options that are available to caregivers. Be sure to discuss your respite needs prior to arranging services.

### 1. In-Home Respite -- “My husband needs help with personal care, and sometimes I need a break from the responsibility of caring for him.

**Office for Aging Caregiver Respite Program:** A Personal Care Aide can provide services such as bathing; dressing; companionship; meal preparation; light housekeeping; laundry, etc. Voluntary contributions are accepted. An in-home assessment by our In-Home Services Unit must be completed prior to setting up services. ***Note: This program has a lifetime limit of up to 100 hours of In-Home Respite Services. Also EISEP Program expenses must remain within a county budget allocation. There are periods of time when we cannot add new clients to the program.*** Call Caregiver Services, Broome Co. Office for Aging, 778-2411 for more information.

➤ **Care America:** Service providers are employees of this program. They offer non-medical care such as assistance with bathing; dressing; light housekeeping; companionship; incidental transportation; meals. Recently obtained New York State certification to provide hands on care as well. Private pay; some third party insurances. Call 777-9891 for more information.

➤ **GROW:** matches older workers (55+) to jobs with private employers. Personal care workers, housekeepers and companions available; also have workers interested in a variety of private jobs. Office for Aging charges no fee for making a match; workers and employers negotiate wages for the job. Call 778-6105 (8:30-Noon, M-F), for more information.

➤ **Home Care Agencies:** A number of home care agencies have companions; personal care aides; homemakers and housekeepers. Fee for service; private pay. Call the Broome County Office for Aging for agency names and phone numbers.

- **Home Instead Senior Care:** Service providers are employees of this program. They offer non-medical assistance such as supervision with bathing; assistance with dressing; meal preparation; light housekeeping; medication reminders; companionship and transportation. Fee for service; private pay and some long-term care insurances. 723-3600
- **Faith in Action Volunteer Caregivers:** trained volunteers, no fee. Call Broome County Council of Churches, 724-9130.
- **Veterans Administration:** The Veterans Administration provides community based services that can support caregivers. This could include skilled home care for the person you care for. Homemaker / Home Health Aides services; financial support for participation in the Golden Days Adult Day Health Care Program (see below in “Adult Day Care Programs”). Contact Gwen Minton, Respite Coordinator at 1-800-792-4334 for more information.

**2. ADULT DAY CARE PROGRAMS ... “I need time to myself a few days a week so I can take a break, or do the things I need to do. The person I care for needs a supervised place to go outside the home for socialization.”**

- **Yesteryears Social Adult Day Care Program** (Broome Co. Office for Aging), two locations – one in Binghamton and one in Endwell. Voluntary contributions accepted. Call 778-2946.
- **Golden Days Adult Day Health Care** (Medical Program), Susquehanna Nursing Home, 282 Riverside Dr., Johnson City. Private Pay, Medicaid; Veterans (Those who qualify) and long term care insurance; call 729-9291 for information on fees and admission.
- **Peace of Mind** (Social Adult Day Program), 625 Main Street, Johnson City, NY 13790. Private pay. Call 321-3406 for information on fees and admission.

**3. SHORT-TERM RESPITE AWAY FROM HOME . . . “I need to attend an out-of-town wedding. Is there a place where my relative can stay for a few days?”**

There are a number of living options that provide supervision and assistance that may be able to accommodate your elder on a temporary, 24 hour basis. Typically one or two beds are designated for respite care. Some of the options, (where indicated), are on a space availability basis only and some have a minimum stay requirement. The application process for this kind of respite arrangement does take time, so inquire early, well before you want to take your break.

**The Office for Aging Caregiver Respite Program** may be able to arrange get away respite care at Woodland Manor, an adult care home. Voluntary contributions are accepted. An evaluation by OFA’s In-Home Services Unit must first be completed to determine if this program is appropriate for your caregiving situation. **Note: A Get Away Respite counts as 48 hours against the client’s total limit of hours which is a 100 hours lifetime limit. Also**

**EISEP Program expenses must remain within a county budget allocation. There are periods of time when we cannot add new clients to the program.** Call Caregiver Services at the Broome County Office for Aging for more information, 778-2411.

*(Note: See also OFA listing under Nursing Homes)*

**Adult Care Homes with respite options:**

Castle Gardens Senior Living & Special Needs Community  
1715 Castle Gardens Road  
Vestal, NY 13850  
748-5700

*(Short-stay beds when available, in both the enriched living and special needs unit. There is a 30 day minimum stay requirement for either one.)*

Garden House  
91 Walnut St.  
Binghamton, NY 13905  
724-5763

*(Offers respite when beds are available-minimum ten day stay)*

Good Shepherd Fairview Home Inc.  
80 Fairview Ave  
Binghamton, NY 13905  
724-2477

*(Offers respite when beds are available)*

Ideal Senior Living Center  
600 High Ave.  
Endicott, NY 13760  
786-7425

*(Offers respite care on a case by case basis in both the adult care level and in assisted living)*

Woodland Manor  
5 Clubhouse Road  
Vestal, NY 13850  
722-3422

*(OFA Caregiver Respite Program provider for adult level of care)*

**Family Type Homes:** These are smaller adult care homes that can accommodate a maximum of four people who need assistance, and two boarders. Some of these homes provide short-term respite care, space permitting. The Office for Aging has a list of family type homes. Dan Soltis is the contact person for any questions regarding these homes, 778-3770.

**Family Homes for the Elderly:** These are private homes that are supervised by the Family & Children's Society. These homes can accommodate up to two people. Some of these homes can provide respite care, preferably for a minimum of at least two weeks, but shorter stays are considered. Respite care is private pay only. Call Family & Children's Society at 772-9776 for more information.

**Veterans Administration:** The Veterans Administration maybe able to provide short stay respite care at the VA Hospital in Syracuse. Contact Gwen Minton, Respite Coordinator at 1-800-792-4334 for more information.

**Nursing Homes:**

*For the following **nursing homes, the elder must meet the requirements for skilled care.** Contact NY Connects/CASA at 778- 2420 for more information about this process. Listed below and on the following page, are the nursing home options for respite care. Some of these facilities offer respite with a minimum stay requirement or when beds are available.*

**The Office for Aging Caregiver Respite Program** may be able to arrange short-term care in a nursing home. Ideal Senior Living Center and Willow Point Nursing Home are the Respite Program providers for this level of care. Voluntary contributions are accepted. The OFA's In-Home Services staff is required to do an evaluation to determine if this program is appropriate for your caregiving situation. Call Caregiver Services at the Broome County Office for Aging for more information, 778-2411.

Absolut Care at Endicott  
Nantucket Drive  
Endicott, NY 13760  
754-2705

*(Have respite beds available-they are flexible on duration of stay)*

Bridgewater Center for Rehabilitation and Nursing  
159-163 Front St.  
Binghamton, NY 13905  
722-7225

*(Have respite beds available-prefer a ten day to two week minimum stay)*

Elizabeth Church Manor  
863 Front Street  
Binghamton, NY 13905  
729-2305

*(Have respite/palliative care beds available-no minimum stay requirement)*

Good Shepherd-Fairview Home  
80 Fairview Ave.  
Binghamton, NY 13904  
724-2477

*(2 dedicated respite beds available)*

Ideal Senior Living Center  
601 High Ave.  
Endicott, NY 13760  
786-7425

*(Respite bed available through OFA Caregiver Respite Program; may also be arranged directly with Ideal.)*

James G. Johnston Memorial Nursing Home  
285 Deyo Hill Road  
Johnson City, NY 13790  
798-7818

*(Have 2 respite/palliative care beds available in the skilled level)*

Susquehanna Nursing Home  
282 Riverside Drive  
Johnson City, NY 13790  
729-9206

*(Respite beds when available-prefer a ten day to two week minimum stay)*

Vestal Nursing Center  
860 Old Vestal Lane  
Vestal, NY 13850  
754-4105

*(Short stays when beds available)*

Willow Point Nursing Home  
3700 Old Vestal Road  
Vestal, NY 13850  
763-4400

*(OFA Caregiver Respite Program provider for skilled level of care when a bed is available.)*