

BROOME COUNTY OFFICE FOR AGING, BINGHAMTON, NY 13901

(607) 778-2411

Local support groups that may be of interest to seniors and caregivers

Please call before attending any group

| Support Group | Location Time & Day | Contact |
|---------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|
| American Parkinson Disease Association Southern Tier Chapter | Endwell United Methodist Church 3301 Watson Blvd, Endwell, NY 3 rd Wednesday, 10:30am-12pm | Emily Alonso, President 743-5743 |
| Alzheimer's Support Groups | Call for information. | 785-7852 or 1-800-272-3900 |
| Caregiver's Support Group Office for Aging/Caregiver Services | Stay Healthy Center Oakdale Mall Johnson City, NY 13790 1 st Monday 1 to 3 p.m. | Office for Aging - 778-2411 Judy Bobinski |
| Caregiver's Support Group | St. Catherine's Parish Center 1031 Chenango Street Binghamton, NY 13901 | Sister Karen Gaube 722-4388 |
| Caregivers Discussion Group Office for Aging/Caregivers Services | Times, topics and location vary | Office for Aging - 778-2411 |
| Chronic Pain Support Group | Bridgewater Nursing Home 159 Front Street Binghamton, NY 13905 2 nd & 4 th Tuesday from 10-11 AM | Call 607-655-2167 |
| Depression and Manic Depression Group | Unitarian Universalist Church 183 Riverside Drive Binghamton, NY 13905 Every Monday at 7 p.m. | Call the Mental Health Association at 771-8888 for more information |
| Diabetes Adult Support Group | Diabetes Management Center UHS 33-57 Harrison Street Johnson City, NY 13790 1st Thursday 4-5 PM. | Contact the Patient Line at 763-6092 |
| Grandparent/Kinship Support Group | Family Enrichment Network 24 Cherry Street Johnson City, NY 13790 Wednesday 9-10:30 AM (Childcare available with advanced reservations.) | Kerry Foster – 723-8313 ext. 840 |

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|----------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|
| Hearing Loss Support Group – Binghamton Chapter | Central United Methodist Church 17 Nanticoke Avenue Endicott, NY 13760 1st Wednesday but not in Jan., July, or August. | Rachel Esserman at 754-1874 |
| Living with Cancer | Stay Healthy Center Oakdale Mall 2nd Tuesday from 5:30-6:30 Light Refreshments provided | Ruth Manzer, RN,OCN 763-5092 |
| Low Vision Support Group | A.V.R.E. 174 Court Street Binghamton, NY 13901 Call for schedule. | Annie VanderWall at 724-2428 |
| Stroke Support Group | Sanderford Rehab Center 10-42 Mitchell Ave Binghamton, NY 13903 Call for schedule. | Tee Goff at 762-3363 |
| Stroke Club & Support Group | Vestal Public Library 320 Vestal Parkway E. Vestal, NY 13850 4 th Tuesday, 2pm | 723-0208 |
| Widow/Widowers Club | Denny's 4024 Vestal Parkway East Vestal, NY 13850 8 a.m. on Wednesdays | Phyllis at 648-6650 |

For additional non-caregiver and non-senior
related support groups contact:

First Call for Help
Broome County United Way

211 or
1-800-901-2180

Last updated March 2011