
Txoj Kev kuaj Mob Ntsws hu ua Mantoux



Developed by the
Minnesota Department of Health,
Tuberculosis Prevention and Control Program
August 2002 phone: (612) 676-5414

This is one in a series of four patient education pamphlets that addresses TB to be used in various clinical situations.

Mantoux Skin Test for Tuberculosis, Hmong

Mob Ntsws thiab kev kis kab Mob Ntsws

**Muaj tshuaj
kho tau kev
Mob Ntsws "TB"**

Mob Ntsws (TB) yog ib txoj kev mob nyhav. Kev mob ntsws yog tim tej qhov nqaij tawv nyob hauv yus ntsuab nrog tsis zoo lawm thiab yog

vim cov kab mob ntsws ntawd txawj daug kom muaj coob tuaj. Hom mob no tshwm sim nyob rau hauv lub ntsws. Cov kab mob no kis los ntawm cov pa tib neeg ua tawm. Muaj tshuaj kho tau kev mob ntsws kom zoo.

Tej yam tshwm sim ua rau kom yus paub tias muaj **Mob Ntsws** yog:

- hnoos heev
- hnoos tau noos qeev
- hnoos tau ntshav
- mob mob hauv siab thaum hnoos
- tus neeg cia li yuag zuj zus
- ua npaws
- hmo ntuj pheej tawm tawm fws
- mob

Thaum tus neeg muaj cov kab mob ntsws hnoos, txham los yog qw, cov kab mob ntawd yuav ya tawm nyob hauv nws cov pa. Thaum lwm tus neeg nqo tau nws cov pa ntawd lawm cov kab mob ntawd thiab yuav kis tau mus rau tus neeg tshiab ntawd lub ntsws. Kev kib kab mob ntsws yog zoo li no.

Tus neeg kis tau **kab Mob Ntsws "TB"**:

- Tsis muaj dab tsi tshwm sim
- Tsis hnov zoo li muaj mob
- Yuav tsis kis tau kab mob ntsws "TB" rau lwm tus

Kab Mob Ntsws (TB) muaj peev xwm ciaj sia nyob txog ob peb xyoos hauv neeg lub cev yam tsis ua mob tawm rau tus neeg ntawd paub. Tus neeg kis tau cov kab mob no yog tsis xuas tshuaj kho, yuav ua rau nws mob ntsws taus. Thaum nws mob ntsws kiag lawm, nws yuav muaj peev xwm kis taus rau lwm tus.

Nyob ua ke nrog ib tus neeg mob ntsws yuav ua rau kom koj kis tau cov kab mob no (txawm hais tias koj tsis paub tias lawm tus twb muaj hom mob no lawm). Yuav kom paub tseeb saib yus puas kis tau hom kab mob no rau hauv yus lub cev ces yuav kawg yog yus mus kom kws kho mob kuaj xyuas xwb.

Txoj kev kuaj Mob Ntsws hu ua Mantoux

Txoj kev kuaj hu ua Mantoux yog qhov zoo tshaj plaws uas yuav qhia tau tseeb saib yus puas kis tau cov kab mob ntsws. Txoj kev kuaj no yog xuas ib rab koob me me uas muaj ib cov tshuaj hu ua tuberculin no coj los hno ntawm txhais caj npab. Tom qab hno koob tshuaj tag lawm saib lub qhov koob puas o los voos su ua ib lub pob liab liab. Ob rau peb hnuv tom qab sim koob tshuaj tag yus yuav tau coj lub qhov koob rov mus rau tus kws kho mob xyuas saib yus lub cev puas muaj hom kab mob no. Yus yuav tau nco ntsoov rov qab kuaj yav tom ntej ntxiv kom yus paub tseeb.

**Txoj kev kuaj
Mob Ntsws hu
ua Mantoux
qhia tau saib
koj puas kis
tau hom kab
mob "TB"**

Txawm tias yav tag koj twb tau txhaj ib koob tshuaj tiv thaiv kab mob ntsws hu ua BCG (Bacille Calmette-Guerin) lawm los koj tseem kuaj tau qhov hu ua Mantoux. Koob tshuaj BCG yuav tsis phiv nrog koob Mantoux thiab tsam koob BCG ho tiv thaiv tsis tau kom koj txhob kis tau hom kab mob ntsws.

Yog thaum lawv sim koob tshuaj Mantoux skin test no qhia tau tias koj muaj hom kab mob ntsws no lawm los yog koj lub cev ho ua tej yam mob tshwm sim zoo li cov neeg mob ntsws muaj, ces koj yuav tau thaj fais fab ntawm koj lub hauv siab coj los ntsuam xyuas saib cov kab mob puas tau ua rau koj lub ntsws puas. Tseem yuav tshuav lwm hom kev kuaj coj los ntsuam xyuas saib koj puas tsim nyog yuav noj tshuaj.

Kho Kev Kis Tau Kab Mob Ntsws

Thaum paub lawm tias koj lub cev kis tau cov kab mob ntsws lawm, kws kho mob yuav kom koj no tshuaj mus tiv thaiv kom cov kab mob ntawd txhob tsim mus ua mob rau lub ntsws lawm yav tom ntej. Tej yam kws kho mob yuav muab coj los txiav txim saib koj puas tsim nyog no tshuaj yog:

- Koj nyob nrog cov neeg twb yeej mob ntsws lawm
- Koj daim thaj fais fab hauv siab qhia tau tias koj yeej tau mob ntsws yav dhau lawm
- Los yog koj yog ib tus neeg muaj tej yam uas yuav ua rau koj yuav muaj peev xwm muaj taus Mob Ntsws.

Kev Kho Mob Ntsws

Muaj tshuaj yuav kho tau kev Mob Ntsws. **Kev Mob Ntsws yog ib yam mob uas yog tus neeg mob noj cov tshuaj raws kaus li kws kho mob hais yuav kho tau kom nws zoo.**