

Comparing the Common Cold (Upper Respiratory Infection URI), Flu and Inhalation Anthrax

Symptoms	Common Cold	Influenza (Flu)	Anthrax Inhalation Form
Runny nose	•	•	
Head and nasal stuffiness	•		
Sneezing	•		
Scratchy throat	•		
Sore throat		•	
Cough	•		
Low grade fever (less than 101°F)	•		
Muscle aches (Myalgia)		•	
Headache		•	
Thick, pus-like sputum		•	
Lack of energy, fatigue, malaise		•	•
Dry, non-productive cough		•	•
Fever higher than 101°F		•	•
Chest discomfort or chest pain			•
Nausea or vomiting			•
Profuse sweating			•
Shortness of breath/difficulty breathing			•
Chills		•	•

C:\WINDOWS\Desktop\Internet Work\Press\Symptoms Flu v Anthrax 12-01.doc Created on 12/7/01 9:30 AM Adapted from: American College of Physicians-American Society of Internal Medicine, Symptoms from Inhalational Anthrax; Bartlett, J. G., Anthrax Update (11/20/01); Bioterrorism-Related Inhalational Anthrax: The First 10 Cases Reported in the U.S., Jernigan, J. et al, Emerging Infectious Diseases; Vol. 7, No. 6, 2001; Considerations for Distinguishing Influenza-like Illness from Inhalational Anthrax, MMWR, Vol. 50, No. 44, 11/9/01; Medical Treatment and Response to Suspected Anthrax: Information for Healthcare Providers During Biologic Emergencies, The New York City Department of Health, 11/21/01.