

Broome County Office for Aging, Binghamton, NY 13901

(607) 778-2411

Local support groups that may be of interest to seniors and caregivers—Please call before attending any group

Support Group	Location	Day	Time	Contact
All Addicts Anonymous Meetings	Call for location & information			Fr. Stavros - 693-3772 or Dave at 692-4005
Alzheimer's Support Groups				Call for Dates, Times and Locations 785-7852 or 1-800-439-3781
Arthritis Support Groups	Lourdes Hospital 169 Riverside Drive East-West Dining Room Binghamton, NY 13905	Call for information		Arthritis Foundation - 798-8048 (call ahead, day and time is subject to change) Mary Williams
Better Breathers Club	Wilson Hospital Harrison Street Johnson City, NY 13790	3 rd Tuesday	1 p.m.	Michelle at 763-6488
Brain Injury Support Group (Brain Injury Association of NY)	Rivermede Manor 159 Front Street Binghamton, NY 13905	2 nd Wednesday	6:30 to 8:30 p.m.	Sue - 625-2917 Or Wendy - 773-1117
Breast Care Group	Call for Details			Linda Tuyn or Joanne McLaughlin at 798-6103
Caregiver's Support Group Office for Aging/Caregiver Services	Stay Healthy Center Oakdale Mall Johnson City, NY 13790	1 st Monday	1 to 3 p.m.	Office for Aging - 778-2411 Judy Bobinski

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Caregiver's Support Group	St. Catherine's Parish Center 1031 Chenango Street Binghamton, NY 13901	3 rd Wednesday	7 p.m.	Sister Karen Gaube - 722-4388
Caregivers Discussion Group Office for Aging/Caregivers Services	Broome County Library Court Street Binghamton, NY 13901	2 nd Wednesday	6 to 8 p.m.	Office for Aging - 778-2411 Andrea Wright
Chronic pain Support Group	Phelps Hall General Hospital 10-42 Mitchell Avenue Binghamton, NY 13903	Call for information		655-2167
Compassionate Friends Broome County Chapter	Nimmonsburg Methodist Church 918 Front Street Binghamton, NY 13905	1 st Monday	7 p.m.	Pam Kroft 656-5810 or 798-5401 also additional group the 3 rd Sat call for Information
DEAF Support Group	Southern Tier Independence Center 24 Prospect Avenue Binghamton, NY 13901	2 nd Wednesday	5:30 p.m.	Stacey Wintersteen 1-800-421-1220 NY Relay
Depressive and Bi-Polar Alliance	Unitarian Universalist Church 183 Riverside Drive Binghamton, NY 13905	Every Monday	7 p.m.	Jude at 778-2532 Or Ed at 748-8034
Diabetes Adult Support Group	Eckelberger Towers Corliss Avenue Johnson City, NY 13760	1 st Thursday	4-5 p.m.	Irene Norton or Carol Moran at 763-6092
Epilepsy Adult Support Group	Epilepsy Foundation Wilson Hospital Picciano Bldg, 4 th floor 33-57 Harrison Street Johnson City, NY 13790	3 rd Wednesday	Call for time	Sue Skretta at 723-4203

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Family Cancer Support Group	Oakdale Mall			Theresa at 1-800-690-8944 For information
Family Support Group Broome Tioga ARC	125 Cutler Pond Road Binghamton, NY 13905		Call for schedule	Dubey Safford or Tammy Kizis at 723-8361
Fibromyalgia Syndrome	Call for Locations	Call for information	Call for information	Arthritis Center at 798-8048
Gamblers Anonymous	Northminster Presbyterian Church Farm to Market Road Endwell, NY 13760	Every Tuesday	6 p.m.	754-0746 from 9-12 or 1-4
Grandparent Support Group (child care provided, advance notice required)	Parents as Leaders Family Resource Center Lackawanna Train Station 45 Lewis Street Binghamton, NY 13901	Call for information		Maria White - 724-8694
Grandparent/Kinship Support Group	Union Endicott District Office 1100 E. Main Street Endiott, NY 13760	1 st Thursday	4 - 5:30 p.m.	Valerie - 658-7120
Grandparent/Kinship Support Group	Various Locations	Call for information		Binghamton, Georgia at 722-8955 Hillcrest, Debbie at 771-0090 Newark Valley, Dennis at 642-9552 Whitney Point, Ellen at 692-8275 Harpursville, Donna at 655-4346
Grandparents Support Group	St. John's School 7 Livingston Street Binghamton, NY 13903 (use side door)	3 rd Monday (except for July and August)	6 p.m.	Maria White - 724-8694 Sister Kathleen Joy Steck

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Group Therapy	Family & Children's Society 257 Main Street Binghamton, NY 13905	Call for an Appointment		Bill Knecht, LCSE-R at 729-6206
Hearing Aid User Support Group	No meetings currently Call for information			Karen Freeman at 797-9020
Hepatitis C Support Group	Trinity Church 44 Main Street Binghamton, NY 13905	Call for information	Call for information	Kevin at 798-1706
Huntington's Disease Support Group	Call	Bi-Monthly	Call for time	Susan Halpin - 757-0959
Low Vision Support Group	A.V.R.E. 174 Court Street Binghamton, NY 13901	Call for schedule	Call for schedule	Annie VanderWall at 724-2428
Man to Man Cancer Support Group for Prostate Cancer				Towhee Shopka at 1-800-227-2345 for information
Men Only Bereavement Group	Call for location	Call for information	Call for information	Ron or Bonnie at 797-7971
Mended Hearts Cardiac Support Group	Wilson Hospital Wilson Cafeteria Conference Room Harrison Street Johnson City, NY 13790	4 th Monday (except for July & August)	6:30p.m.	Maurice Howe at 754-0469
Mourning Light	Lourdes Hospital Lourdes Hospice 169 Riverside Drive Binghamton, NY 13905	Wednesday 8 week sessions		Bonnie Donovan at 798-5375

Support Group	Location	Day	Time	Contact
Multiple Sclerosis Support Group for People with MS	Many Groups: call contact for information			1-800-344-4867
Muscular Dystrophy Support Group	Vestal Public Library 320 Vestal Parkway East Vestal, NY 13850	2 nd Tuesday	7 - 9 p.m.	723-7931
National Alliance for the Mentally Ill	Binghamton Psychiatric Center Burns Room Robinson Street Binghamton, NY 13904	1 st Monday 3 rd Monday	Noon 7 p.m.	Nancy Booth at 722-4096
Organ Transplant Support Group	Call for Location	3 rd Wednesday	6 p.m.	Jack Docster at 722-9636 for Information
Overeaters Anonymous Support Group	Call for Location	Monday Wednesday Thursday Saturday - morning	Evening	Adrian at 724-1907 or Robin at 648-3948
Parkinson's Disease	1040 Vestal Parkway East Vestal, NY 13850 (near Olive Garden)	3 rd Wednesday (no meetings in July & August)	10:30 to Noon	Winslow Shearman at 723-7167
Post-Polio Support Group of Southern Tier	Lourdes Hospital 169 Riverside Drive E-W Dining Room Binghamton, NY 13905	4 th Thursday (no meetings in Nov, Dec, Jan)	Call for Meeting Schedule	Ena Brink at 748-2159
Regional Adrenal Disease Support Group				Holly Jagger at 687-2532 for information

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Scleroderma Support Group	Call for Location	Call for information	Call for information	Rosemary Markoff at 798-8048
Self-Help for Hard of Hearing People (Shhh) Support Group	Central United Methodist Church 17 Nanticoke Avenue Endicott, NY 13760	1 st Wednesday	7 p.m.	Donna at 648-4514
Southern Tier Lupus Foundation	Call for all information			Arthritis Foundation 798-8048
Stoma, ST, Ostomy Management Association	Lourdes Hospital 169 Riverside Drive Lecture Hall Binghamton, NY 13905	2 nd Sunday	1:30 p.m.	John at 334-9741
Stroke Club Support Group	Vestal Public Library 320 Vestal Parkway E. Vestal, NY 13850	4 th Tuesday (unless noted)	2 - 4 p.m.	Fran Capra - 656-4086
Those Left Behind - Suicide Survivors	Binghamton General Hospital Family Ties Room 10 - 42 Mitchell Avenue Binghamton, NY 13903	1 st & 3 rd Tuesday	6:30 p.m.	Linda Humphry - 762-2887
Wheelchair User Support Group	Call for location & information			Laura - 748-5883 Mike - 625-5659
Widow & Widower Social Club	Nassy's Cabana Restaurant 21 Washington Avenue Endicott, NY 13760	Tuesday	9 a.m.	Helen at 748-0937
Widow/Widowers Club	Denny's 4024 Vestal Parkway East Vestal, NY 13850	Call for day	8 a.m.	798-9660

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Widowed Persons Support Group	Call for location	2 nd Tuesday	6 p.m.	Brenda Birdsall at 334-3556
Widowed to Widowed - Western Broome	Luncheon Meeting	3 rd Wednesday		Helen at 748-0937 for location and time
Widows & Widowers	Jewish Community Center 500 Clubhouse Road Vestal, NY 13850	1 st Wednesday	7 p.m.	770-6992
Woman's Cancer Support Group	Broome Oncology 30 Harrison Street Johnson City, NY 13790	Mondays	3 - 4 p.m.	Carol Rogers - 763-6850
Women's Issues Therapy Group				Family & Children's Society At 729-6206 for information

For information on other support groups
Contact
First Call for Help
Broome County United Way
at
(607) 729-9100