

What to Bring to Your WIC Appointment

Bring proof that you are one of the people served by WIC.

- **Pregnant women need one:**
 - Completed and signed WIC Medical Referral Form
 - Dated and signed Health Care Provider statement including expected date of delivery
 - Presumptive Medicaid Eligibility Screening form completed and signed by the Health Care Provider
 - Dated sonogram that confirms pregnancy and includes mom's name
- **Breastfeeding moms & moms with an infant younger than 6 months need one:**
 - Completed and signed WIC Medical Referral Form
 - Dated and signed statement from a Health Care Provider
 - Dated hospital discharge papers
- **Infants and children need one:**
 - Completed and signed WIC Medical Referral Form
 - Birth Certificate
 - Baptismal Record
 - Hospital or Health Care Provider's Record
 - Infant or Child Adoption Record or Foster Care Placement Letter

Bring one proof of who you are:

- Birth Certificate
- Baptismal Record
- **Photo ID Card Examples:**
 - Driver's License or Learner's Permit
 - Non-driver's ID Card
 - Military ID Card
 - Employment ID Card
 - School ID Card

- **Citizenship Documents Examples:**
 - Passport/Visa
 - Permanent Resident Card (green card)
 - Certificate of Naturalization
 - Certificate of Citizenship
- Current WIC ID Card (acceptable at subsequent certifications)
- Health Care Provider's or Immunization Record
- SNAP/Food Stamps ID Card
- Hospital Record or Infant Crib Card
- Mexican Matricula Consular ID Card
- Social Security Card
- Infant or Child Adoption Record or Foster Care Placement Letter

Bring one proof of where you live:

- Current rent or mortgage document
- Letter from shelter/house of worship/social services on their letterhead
- Letter or statement from Federal, State or Local Municipal Agency
- Photo ID with current address
- Postmarked mail with a recent date addressed to you (**no** PO Box):
 - Utility bill
 - Cell phone bill
 - Envelope/Postcard with recent postmark
 - WIC appointment reminder
- **Military Only:**
 - Letter from Company Commander on letterhead
 - Military Orders with New York installation assignment

CANNOT use the same document for more than one proof.

Bring proof of how much money every household member makes in total (income). Examples:

- **Adjunct Program Documentation**
 - NYS Medicaid Common Benefits Identification Card (CBIC) or the Medicaid Managed Care Plan Card for each person applying for WIC benefits
 - SNAP/Food Stamps Notice of Decision listing all household members
 - TANF Notice of Decision listing all household members
- Pay Stubs/Direct Deposit Pay Stubs for the past 30 days for every working household member
- Bank Statement (Alimony, Child Support, Workers' Compensation, and for use of savings or cash income)
- Unemployment Benefits Letter
- VOC Card
- Disability Verification Letter
- Income Tax Record for Self-Employed
- Letter of Support (indicating cash income)
- Written Statement from Employer
- **Military Only:**
 - L&E (Leave & Earnings) Statement

- WIC is a program that offers benefits to pregnant women, breastfeeding moms and babies, moms with a baby younger than 6 months, and children who are younger than 5 years old.
- Infants and children should be present at their WIC appointments.
- If you have any questions, please ask your WIC staff for help or visit www.health.ny.gov/nutrition for more information.