



# State of New York County of Broome Government Offices

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## Broome County Health Department

Jason T. Garnar, County Executive · Rebecca A. Kaufman, MS, Director of Public Health

### BROOME OPIOID ABUSE COUNCIL

June 2, 2017

- Present:** Jill Alford-Hammitt, Scott Baker, Megan Brockett for Rich David, Jason Garnar, Jim Hawley, Yvette Johnson, Rebecca Kaufman, Jill Lloyd, Haley McCrory, Mary McFadden, Kate Newcomb, Kimberly Newell, Dr. Christopher Ryan, Raymond Serowik, Kara Skellett, Penny Stringfield, Susan Wheeler, Alan Wilmarth, Terry Carey for Lorraine Wilmot
- Absent:** Robin Alpaugh, Iris Borilla, Theresa Bovier, Don Bowersox, Diane Brown, Stephen Cornwell, Katie Cusano, Valerie Datta, Megan D'Introno, Matthew Gawors, Andrea Guccia, David Harder, Dr. Julia Hunter, Ben Lainhart, Lee Livermore, Donna Lupardo, Kevin McManus, Jim Mullins, Dennis O'Keefe, Michael Ponticiello, Dr. Peter Ronan, Colleen Wagner, Chris Whalen
- Guests:** Kyle King-NYNG Counterdrug Task Force, Julie Pitts, Rural Health Network of SCNY  
Saima Khan, Amber Kida, Eric Velzis, AmeriCorps Project

**New York National Guard Counterdrug Task Force:** This is a program that OASAS adopted to guide coalitions through a strategic prevention framework of assessment, capacity, planning, implementation, and evaluation. Kyle King is a Civil Operations Specialist working to reduce rates of substance abuse and demand in communities by offering training and technical assistance using evidence-based strategies. He assists communities to increase their capacity to identify needs and address them through data collection and assessment, community surveys and focus groups. He can conduct a Kaizen evaluation with coalition members during a meeting and provide a one-page diagnostic along with supporting reports to provide detail and recommendations by identifying strengths and weaknesses to gauge the effectiveness of the coalition. He can pass along what is working with other coalitions. He can provide drug boxes at CVS free of charge; a law enforcement agency would have to dispose of the medications and provide quarterly reports to CVS. Criminal Analysts can work alongside local law enforcement agencies to enhance communication and data sharing between law enforcement and coalitions. His contact information is [kyle.rking3.mil@mail.mil](mailto:kyle.rking3.mil@mail.mil) or 716.374.1010.

**AmeriCorps Project:** Julie Pitts from the Rural Health Network attended the meeting along with three new AmeriCorps members (Saima Khan, Amber Kida and Eric Velzis) to provide an update on the project. They began service last week receiving training on Narcan through STAP, Boosting Communication Skills with ACCORD, Youth Mental Health First Aid Training with MHAST, and Red Cross CPR and First Aid. They were enrolled to serve 900 plus hours each through November 30th. Amber is located at the Rural Health Network in Whitney Point and will share information from and with that community. She will assist with navigating the system and providing referrals for individual identified as needing help. She is also serving at the Free Clinic to assist people with getting medication and assist with navigating the treatment process. Saima is serving with UHS and will be stationed in two rural primary care sites to collect appropriate data for the medical record for initial services to bring them into treatment. Eric will be serving with the Syringe Exchange Program at STAP. He will go out into the community and more rural parts of Broome County to take the model of the Syringe Exchange Program and apply it to community or individual needs, providing outreach and care coordination. An AmeriCorps grant has been submitted to continue this project's focus for three more years for a multi-county project.

**BOAC Communication and Promotion Plan Update:** Haley McCrory continues work on the communication plan. The website is being updated. Let Haley know of any community events that can be promoted on the website and/or Facebook. Haley is working with the TV stations to promote BOAC programs and services. The chart of services provided by each agency will be placed on the website.

**Community Education Committee:**

- Discussions are underway for a treatment providers service fair in July at the Oakdale Mall.
- Whitney Point held a mandatory sports forum for all athletes which was well received by the students. An event is being planned for August at Chenango Valley; other schools may be partnering on these events. Union-Endicott is interested and may partner with Vestal or Maine-Endwell. The Maine-Endwell event was very well received; Joshua Wright and Caity Garey presented at the middle and high school. Many doctors and chiropractors are interested in participating. Through input from these events, more time will be allowed for questions and answers following the panel presentations.
- The winner of the commercial contest is Jessica Monk from Broome Tioga BOCES; the commercial will be aired by WBNG.
- Kara collected 285 signatures to remain substance free at the substance abuse prevention Rumble Ponies game on May 16.
- Family fun nights are scheduled for August 2, 5:00-8:00 p.m. at Endicott Northside Park; August 16 at Windsor Klumpp Park; and August 30 at Johnson City CFJ Park.
- Kara and Heidi Mikeska (BC Promise Zone) are working with schools on the School Resource Mapping Project which may be part of staff development days.
- The County Executive, Drug Free Communities Grant, Broome County STOP DWI Program, and BC Sheriff's Office sent out 80 letters advising that throughout prom and graduation season there is an increase in underage drinking. They asked hotels, restaurants, convenience stores and limousine/charter bus companies to join parents and community organizations to ensure that activities remain alcohol-free for teens and where to report underage drinking.
- There was a reception for the winners of the underage drinking poster contest.
- Lourdes ADEPT developed graduation cards geared toward parents and students to highlight the social host law and prevention of underage drinking. The Prevention Needs Assessment showed an increase in underage kids accessing alcohol. Graduation cards will be placed in graduation programs. They were distributed to Chenango Forks (650), East Learning Center (60), Seton (75), Windsor (140), BOCES EverTech (75), Maine-Endwell (400), Chenango Valley (160) and Binghamton (200). We hope that all schools will distribute them; schools seem to be open to getting the information out.
- Kara and Maria are working with Jim Mullins and Doug Titus at BOCES to get alcohol and drug information on the school websites.
- OASAS put out an RFA for primary prevention services for the underserved or unserved population. Jill is working on a grant with some community partners looking at rural areas such as Harpursville, Deposit and Whitney Point. The YWCA is on board and Jill is reaching out to the Boys Club, Wyoming Conference Children's Home, Whitney Point Day Care Center, Deposit Foundation and Opportunities for Broome Head Start Directors. Activities cannot be conducted or implemented in the schools. Chenango County will partner with us on the grant to provide services in Greene, Afton and Bainbridge-Guilford.
- Kara will email a template to BOAC members to collect information for the in-kind match required for the Drug Free Communities grant for the first quarter of 2017. This is to capture time spent at BOAC meetings or on BOAC activities.

### **Law Enforcement Committee:**

- The Addiction Crisis Center notified Kate Newcomb that they can no longer hold beds open for the SARI (Sheriff Assisted Recovery Initiative) Program. ACC is unable to hold beds for the program under their new OASAS designation as a stabilization program after July 10th. There is concern that patients that were receiving crisis services will end up at emergency departments. There is a potential impact on Medicaid costs. The average length of stay will go up from 8 days to 30 days. Alan Wilmarth, Kate Newcomb and Katie Cusano will meet to discuss alternatives to keep the program going.
- Jim Hawley reported that the webinar on the overdose map application will be held next Thursday at 1:00 p.m. for law enforcement and emergency services personnel. The goal is to have real time data on overdoses and Narcan administration.

### **Treatment and Prevention Committee:**

- Jill Lloyd met with family navigators and peer counselors regarding being on call 24/7 in response to calls from emergency departments. ACBC will hire additional peer counselors and have a counselor available for the night shift. They have a goal to respond within two hours to assist getting a person into treatment or appropriate services.
- ACBC will begin afternoon services. They have received a lot of calls from people using alcohol or meth.
- ACBC has had a wait time for assessments. Office staff will collect demographic and current substance use information. Based on that information, calls from people in crisis will be sent directly to Jill so she can help them navigate appropriate services. She will make an appointment for an assessment after that call. An additional person is being hired to conduct assessments on June 16.
- Promotional materials will be available at the next meeting on the presentation by Chris Herren (who is in recovery) from the Boston Celtics on September 28<sup>th</sup>, 6:00-8:00 p.m. Agencies can table at the event to provide information and education about their services. This is a free event for the community to promote education on the dangers of drug use. He will be available to talk to the media. Let Jill Lloyd know how many tickets you would like for your agency.
- Once an additional family navigator is hired at ACBC, Jill will have more information on what services they can provide for adolescents. She would like services to be free so cost is not a barrier.
- The Ancillary Detox Program is open. Fairview is on the Town of Binghamton meeting agenda for approval. Jill is working with the Family Enrichment Network to use St. Mary's School on Fayette Street. St. Ann's on Prospect Street is open Monday-Saturday with a meeting on Sunday.
- STAP will dispose of needles if anyone finds them on the street. STAP is sponsoring a Narcan training in June. They pass out 300-400 kits per month; they are provided to the Needle Exchange Program first.
- The UHS Program currently has 160 patients on Methadone and 155 on Suboxone/Buprenorphine. The daily dosing program numbers will increase with the new Methadone license; they hope to start in two weeks.
- Dr. Hunter will provide a Buprenorphine waiver training in Ithaca this weekend. She is a licensed trainer to assist providers with the Buprenorphine waiver.
- There was the lowest number of heroin overdoses in April in almost a year with 41. There were 76 in March. The number of alcohol overdose has increased from 118 in January to 188 in April. There were 73 emergency room visits in April for synthetic drugs. There has been a substantial increase in numbers across the spectrum.
- Dr. Hunter's pregnancy program has 15 participants.

- UHS can get people in for appointments within 24 hours; urgent appointments by the next day. There are four full tracts for intensive outpatient services. At their appointment, they are evaluated for level of care based on the OASAS locator. There is about a two-week wait to get into the outpatient program. During the wait, they arrange support through peers or the alumni association. Prior to the Affordable Care Act, bad debt/charity care was very high (30% of patients). Many patients had high copays. This went down with the NYS Medicaid expansion. During the first quarter of 2017 there were 15 patients with no insurance. There were 30-40 per month with no insurance prior to the Affordable Care Act.
- There is a bill before the NYS Senate and Assembly this month to require insurance companies to cover rehabilitation services for not less than 90 days. Patients would meet daily or every other day with managed care during their stay. The Broome County Legislature will support this bill.
- The Pennsylvania Health Department approved Vivitrol to be administered to Methadone patients as a treatment source. The proposed bill in Pennsylvania to require doctors who are authorized to prescribe Suboxone be required to pay \$10,000 per year to prescribe Suboxone was withdrawn.
- The District Attorney's Office is referring a lot of people to Drug Court. Drug Court meets each week and they take in DWI referrals on the second and fourth Tuesdays and veterans on the fourth Tuesday. There has been an increase in participants since they started taking people charged with driving under the influence of drugs and DWI's. Eight people graduated last Thursday; there will be another graduation in September. They are extremely busy and seeing a lot of opiate cases.

#### **Education of Medical Professionals Committee:**

- Prescribers are engaging in a three-hour training program for judicious prescribing of opioids for pain management. The deadline to complete the training is July 1.
- The Academic Detailing Project concluded. The third phase was a message for physicians who might be prescribing opioids for long-term pain management. Thirty-one medical practices were visited and Tom Morellino spoke to 45 prescribers.
- There is some concern from school nurses about possible violent reactions following Naloxone administration. A suggestion was made to provide drug impairment information and training at the Superintendent's Day in October. Mary McFadden is working with schools on their wellness policies. She will work with Jim Mullins to see if information on Naloxone administration can be included.
- Jill Lloyd will join this committee.

#### **Data and Statistics Committee:**

- The first meeting will be in June.

#### **Rural Committee:**

- The Rural Health Network applied for the new AmeriCorps grant.
- Legislators from rural districts will be invited to participate on this committee.
- The next meeting is June 5 at 2:00 p.m. at ACBC.

The next BOAC meeting is scheduled for Friday, July 7th at 10:00 a.m. at the Broome County Health Department.