



# BROOME COUNTY MENTAL HEALTH DEPARTMENT

*Annual Report 2017*

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Commissioner*

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The Broome County Mental Health Department works with service providers at the Local and State level to develop community preventive, rehabilitative, and treatment services offering a continuum of care. The Department provides oversight to improve and expand existing services, and plan for the integration and coordination of care for consumers. The total community need is considered, reflecting the full range of individual need and circumstance, to ensure adequate access to service for the community, and specifically for those who otherwise would not have access to such services.

The mission of the Broome County Mental Health Department is to plan, organize and oversee a comprehensive continuum of care for consumers of public mental hygiene services in Broome County. The Department will engage in a participatory planning process to develop mental hygiene services that will include government officials, providers, community representatives and recipients or their families. The Department will assure that State and/or Local oversight mechanisms are in place to ensure that services are delivered in a responsible, efficient manner. The Department's primary role is to facilitate and oversee the continuum of care for consumers of mental hygiene services in Broome County.

The Department will assure that mental hygiene service providers in Broome County will coordinate and collaborate for the delivery of services that are responsible to the needs of the recipients, including culturally diverse populations.

Broome County Mental Health partners with Coordinated Care Services, Inc. (CCSI) for a full range of services and supports for successful performance/program management, fiscal management, technical assistance and administrative services. CCSI supports critical areas like data management and analysis, evaluation, and cultural competence. CCSI ensures collection and monitoring of performance measures allowing contract dollars to be used effectively, thereby ensuring the delivery of quality services. CCSI has developed meaningful performance measures, established efficient processes to collect essential data and objectively assess program outcomes allowing proper interpretation and use of the information to maximize performance through data-driven decision-making. CCSI has developed a dynamic program evaluation and continuous quality improvement process to make and sustain progress.

## County Operations

In 2017 the Broome County Mental Health Department directly operated Forensic Services and the Chemical Dependency Services Unit.

**Forensic Services Unit (FSU)**– The population served by the FSU consists of persons with mental illness and/or chemical addiction involved with the Criminal Justice system designated by Family, Civil and Criminal courts as needing diagnostic evaluations before case disposition. Services include: Psychiatric Evaluations, Psycho-educational Counseling, Competency Evaluations, and Dangerousness Examinations. In the past year, FSU provided the following programs and mental health services:

- **Mandated Psychiatric Service:** Provided 52 Criminal Procedure Law (CPL) §730 Fitness to Proceed – Competency Examinations ordered by judges and justices within the Broome County Court system. This is an increase of 54% over 2016.
- **Mandated Mental Health Evaluations:** Completed 39 evaluations for City, Family and County Courts.
- **Medication Grant Program (MGP):** Assisted 203 individuals with mental illness who were discharged from the jail, state prisons, or the Greater Binghamton Health Center. Immediate temporary Medicaid assistance for psychotropic medication and support counseling was provided while these individuals waited for Medicaid eligibility determination.
- **The Forensic Outreach Program:** Provided 78 referrals of individuals released from NYS Prison back to Broome County to continue mental health and substance treatment services. This is an increase of 32% over 2016.

**Chemical Dependency Services Unit (CDSU)**- The Chemical Dependency Services Unit (CDSU) provides assessments and case management for the Broome County Department of Social Services (BCDSS). Under NYS mandate, Temporary Assistance applicants or recipients who may have a substance use disorder are referred to CDSU by BCDSS as part of their eligibility process. If a substance use disorder is indicated, CDSU then makes a referral to the appropriate level of care at an OASAS licensed program. CDSU monitors individuals’ compliance throughout the course of their treatment. Per Office of Temporary and Disability Assistance (OTDA) regulations, CDSU requires the providers, both among the local programs and the out of county congregate care level II programs, to regularly report individuals’ progress. Regulations also require that any changes in level of care be approved by CDSU as the District CASAC. CDSU provided 751 assessments in 2017.

**County Operated Programs**

Program	State Aid	Federal Aid	County Support
LGU	\$ 79,272	\$ -	\$ 79,366
LGU Admin	\$ 372,170	\$ 72,003	\$ -
Forensics Services	\$ 188,675	\$ -	\$ 11,560
MH School Project	\$ 430,769	\$ -	\$ -
Transition Mgmt	\$ 98,310	\$ -	\$ -

## Grant Programs



**Promise Zone** - The Broome County Promise Zone (PZ) is a collaboration among the Broome County Mental Health Department, Broome-Tioga BOCES, Binghamton University, and Broome County Schools. Promise Zones are rooted in collaboration within a community among parents, employers, elected leaders, educators and community partners. By everyone working together, we can help children to do well academically and graduate. It is a framework, not a specific prescription, for success. Our goal is to build a county-wide system of university assisted community schools designed to support all children, families and neighborhoods' successes in school, work, and life. Broome County has been fortunate to receive Promise Zone funds from the New York State Office of Mental Health to support infrastructure of the initiative. Community schools build collaborations between schools and communities to leverage a broad range of resources (e.g., academic, youth development, family support, health and social services, community development) to improve outcomes for youth, families, and neighborhoods.

### Highlights:

- Promise Zone partners with seven districts and supports 16 buildings in these districts. These districts are BT BOCES – East and West Learning Centers; Binghamton City School District – Theodore Roosevelt Elementary, Woodrow Wilson Elementary, Binghamton High School; Chenango Valley Central School District – Chenango Bridge Elementary; Johnson City School District – Johnson City High School; Union Endicott Central School District – Jennie F. Snapp Middle School; Whitney Point Central School District – Caryl E. Adams Elementary, Tioughnioga Riverside Academy and Whitney Point High School; Windsor Central School District – Floyd Bell Elementary, Palmer Elementary, C.R. Weeks Elementary, Windsor Middle School and Windsor High School.
- The goals of BC Promise Zone are: increased attendance, improved academics, increased student/parent engagement and access to resources with the goal of students successfully completing their secondary education.
- Core Services include: Family Education and Engagement, Empowerment and Skill Building, Academic Support, Extend Learning Enrichment, Job Skills and Leadership College Connections.

Promise Zone collaborated with many community partners to coordinate services including but not limited to University Faculty/Departments, Government, Community Base Organizations and Hospital Systems, and local businesses. These partnerships took place in various fashions including one-time events, ongoing events and collaborations with the students and families. One such example is BUS (Business University School) Bucks which is a collaborative effort among Promise Zone's Community Schools, Kim Myer's, Dick's Sporting Goods and several local school districts to provide K-12 students with a feeling of empowerment and control over their lives, education and ultimately their future.

- 2017 saw the developing stages of a formal parent engagement model that supports youth and families with the goal of school connectedness and student success. Under the model, each district works with the staff to determine the best direction to meet the needs of their parents and families. With its continued development, evaluation will be established to inform the work and best practices.
- Summer programming was offered to students to partake in fun skill-based activities to keep them engaged with their school community. Students took part in various team/skill building projects that focused on STEAM (Science, Technology, Engineering, Art and Math) as well as civic engagement activities within their communities. Students also had the opportunity to visit postsecondary institutions to gain an understanding and an excitement of the concept of going to college. Summer camps took place in Binghamton, Johnson City, Union-Endicott and Whitney Point.
- Broome County Promise Zone and partnering school districts hosted several esteemed visitors this Fall to educate on the University-Assisted, County-Wide Community Schools model.
  - In October, a group from the Netherlands came to Binghamton University to learn more about the initiative. The visitors included school teachers and administration. During their two days, the group met with the Promise Zone team, learned about our successes and struggles, and took site visits to the partnering schools. During these visits, the groups met with school administrators, teachers, and students. Our guests had a lot of positive things to say about the model and the schools, including the consistency and passion of services apparent across the districts.
  - Broome County Promise Zone was hand selected by the Council of Chief State School Officers (CCSSO) from various national programs for a site visit and opportunity to inform about the community schools initiative in the area. In November, 17 visitors came from the CCSSO. Over their two days in Broome County, our guests met with local leaders for an overview of the initiative, panel discussion, and Q&A session. Each of the partnering districts had the opportunity to present the specific work and successes happening in their own schools. The visitors then had the opportunity to tour two of the local districts to meet with school administration, teachers, and students. The visit was an enormous success, turning New York Chief and Commissioner of Education MaryEllen Elia from a supporter of Community Schools to a true champion of Community Schools.



1600+ students/600+ parents served



**BC SAFE** – BC SAFE (Suicide Awareness for Families and Educators) is a subcommittee of Promise Zone dedicated to the prevention of Suicide. BC SAFE’s mission is to reduce the number of suicides and suicide attempts by increasing public awareness and providing educational and training resources to teens, parents and educators of Broome County. The Coalition is comprised of community members from various sectors of the community including but not limited to: Community Based Organizations, County Departments, Faith-based Community, Loss survivors, Mental Health/Substance Use agencies, Schools/Universities, Veteran-serving agencies and Law Enforcement. Using the strategic plan, the coalition focused on four major initiatives: 1. Education and Awareness, 2. Postvention Work, 3. Trainings and 4. World Suicide Prevention Day (WSPD) Breakfast.



**1. Education and Awareness:** BC SAFE continued with the quarterly newsletter that was launched in 2016. The newsletter is provided both electronically and in hard copy. The concept of the newsletter is to inform and offer resources to the community at large and to the professionals that provide services. The HOPE app continues to be a focus for the coalition. The app is a resource that provides individuals with information on warning signs, what to say as well as information on local resources. As a safeguard while traveling throughout the app, the user can instantly call the national prevention lifeline number for immediate assistance. Additionally, in the social media realm, the coalition decided to enter the world of Facebook by creating its own page. Much discussion and research occurred to ensure safety for the user and the community. Since the page is not monitored 24/7, it was imperative that this page be not be a “hotline” resource but an inspirational and local resource and a clearing house of events.

**2. Postvention Work:** With the sudden tragic losses sustained by students during the end of 2016 and into the Spring of 2017, the Coalition partnered with the school districts to offer support with evenings of healing for the community. This was an opportunity for the community to come together to hear information, ask questions and access resources in a safe setting. Through these efforts Broome County collaborated across agencies and organizations to make significant impact for the communities. During the summer, the coalition hosted a training for the community to learn more on postvention work and how as a community we can support families and loss survivors.

**3. Trainings:** Trainings occurred throughout 2017 for the community in schools, post-secondary, faith based, business, and governmental sectors. The trainings and presentations were both hosted/sponsored and facilitated by BC SAFE.

BC SAFE partnered with local agencies and organizations to host trainings for ASIST (Applied Suicide Intervention Skills), YMHFA (Youth Mental Health First Aid), QPR (Question, Persuade, Refer), SSFT (Suicide Safety For Teachers) Training of Trainers. The Coalition, having trained presenters, also facilitated

Suicide Safety for Teachers in local schools and offered presentations on Suicide is Everybody's Business in various sectors of our community.

4. World Suicide Prevention Day (WSPD) Breakfast: To promote education and awareness in a face to face fashion, BC SAFE hosted its 4<sup>th</sup> annual event in honor of World Suicide Prevention Day in September. The goal was to provide a forum to raise awareness on suicide prevention and offer an opportunity for networking of resources for the community and the professional alike. The focus this year included Veteran's Mental Health and its impact with suicide. Attendance was the highest in the four years of this event.



## DRUG FREE COMMUNITIES

**Drug Free Communities** - Drug Free Communities (DFC) is a federal grant program funded through the Substance Abuse Mental Health Services Administration (SAMHSA) as a subgroup of the Broome Opioid Abuse Council (BOAC). The purpose of the DFC Initiative is to target youth and families with effective strategies in prevention to reduce overall substance use within the community. This is done through coalition building, collaboration with local



prevention providers and community partners, educating the community about substance use and addiction, and to increase protective factors by providing alternative activities throughout the community that are void of substances. The DFC coalition is comprised of 12 sectors of the community as each bring a unique perspective of the prevention needs of the community. The 12 sectors include parents, youth, schools, religious organizations, healthcare professionals, media, and business. Using SAMHSA's Strategic Prevention Framework Model, the coalition focuses on planning, implementing, and evaluating prevention practices and programs. DFC uses data from Broome County's biyearly Prevention Needs Assessment (PNA) survey to decide which substances to focus its prevention efforts on. In 2017, the three substances DFC focused on were Alcohol, Marijuana, and Opioids, as guided by the 2016 PNA Survey results in conjunction with BOAC's focus.

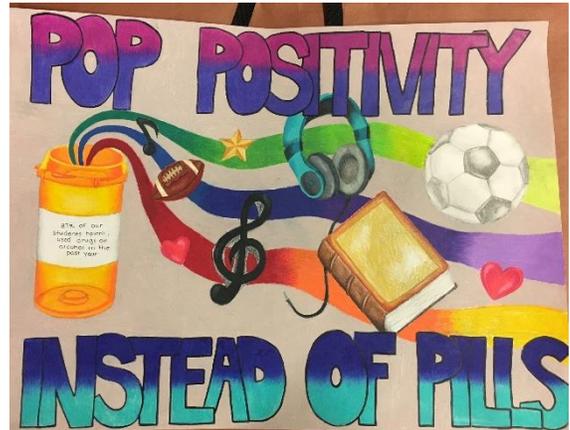


### 2017 DFC Highlights

- As part of its community collaboration efforts, DFC held two events with local professional sports teams. Both the Binghamton Devils and the Binghamton Rumble Ponies hosted Prevention Nights during their regular seasons and agreed to remove alcohol concessions during those games. The goal of these events was to raise awareness of underage drinking and the effects that alcohol consumption and sales at community events can have on the local underage drinking rates.
- To increase protection factors within the community, DFC hosted three Family Fun Nights at local parks in August. The goal of these three events was to provide alternative opportunities for families that do not revolve around substance use. Partnering community-based organizations tabled the events and provided fun and interactive activities while providing information on relevant topics. These events are free to the community and allow for the community to come together and have fun, get outside, meet people, and enjoy some time without substance use as a focus.
- Broome County's 2016 PNA Survey results were unveiled at a community presentation. The information gathered from the survey is disseminated to the community and partnering organizations, including school districts on non-administered years. After the community presentation, local schools are offered their district specific presentations. Schools and organizations use the PNA data to assess and decide what prevention strategies are needed within the confines of their districts and communities. The data is useful in that it not only provides

specific substance use data but also examines risk and protective factors as reported by its population of 7<sup>th</sup> – 12<sup>th</sup> graders.

- Many collaborations happened throughout 2017 with Broome County’s local prevention provider, Lourdes Youth Services (LYS) and other community-based organizations. DFC supported both the LYS Underage Drinking Prevention Poster Contest and Social Norms Misperception Campaign. The Underage Drinking Prevention Poster Contest was open to all Broome County High School Students and aimed at creating a forum for students to raise awareness about the dangers of underage drinking. The contest was a collaboration among school districts, Broome County Stop DWI, and Mirabito Energy Products. The winning poster was displayed at local Mirabito stores in hopes to raise awareness of and reduce the rates of underage drinking. The Social Norms Misperception Campaign was implemented and will be an ongoing project. The focus of the project is to show students that most youth are not using substances and to change the perceptions of what is considered normal behavior. By giving those that chose not to use substances a voice, it changes the social norms around use among youth. This allows the students to lead the prevention messaging in hopes of it being more meaningful to their audience, being their peers.





**Broome County**  
**Mental Health Department**  
**2017 Contract Agencies**

All contract agencies are private, not-for-profit agencies. There are thirteen agencies that contract for services with Broome County through the Mental Health Department (BCMHD). These include: ACHIEVE, The Addiction Center of Broome County (ACBC), Catholic Charities of Broome County (CCBC), Children’s Home of Wyoming Conference (CHOWC), Clear Path for Veterans (CPV), Coordinated Care Services (CCSI), Community Options (CO), Fairview Recovery Services (FRS), Our Lady of Lourdes Memorial Hospital (Lourdes), Mental Health Association of the Southern Tier (MHASt), Southern Tier AIDS Program, INC. (STAP), The Family & Children’s Society (FCS), and United Health Services (UHS).



<http://www.achieveny.org/>

**ACHIEVE** is a private, non-profit organization founded by parents and friends of individuals with developmental disabilities in Broome and Tioga counties. ACHIEVE’s primary mission is to provide leadership, advocacy, and opportunities which enable persons with developmental disabilities and their families to enhance the quality of their lives. The agency also strives to educate the public to develop a better understanding and acceptance of persons with developmental disabilities and increase opportunities for full community assimilation characterized by respect, dignity, and safety.

**Supported Employment** – Provides support for individuals seeking community employment through job development, interviewing and on-the-job coaching and supports.

**Agency Contracted Programs**

<b>Program</b>	<b>State Aid</b>	<b>County Support</b>
Supported Employment	\$ 411,876	\$ 94,198



## The Addiction Center of Broome County, Inc.

[www.acbcservices.org](http://www.acbcservices.org)

**The Addiction Center of Broome County, Inc. (ACBC)**, was officially incorporated January 8, 1975. ACBC is an anchor institution in Broome County, as well as serving individuals from surrounding counties and Pennsylvania. As an OASAS certified Part 822 Clinic and Outpatient rehabilitation, ACBC mainly focuses on integrated dual disorder treatment and serving the underserved. ACBC offers services that are trauma informed and trauma specific. ACBC provides many evidence-based practices to address the diverse needs of individuals while in substance abuse treatment. Current evidence based practices include: gender specific trauma recovery, the nurturing parenting program for families in substance abuse treatment and recovery, WRAP, integrated dual disorder treatment and contingency management. Other services include: The Grief Recovery method, Thinking for Change, “Ready Set Work,” wellness, and anger management. ACBC believes in partnerships with other organizations in the community. They work via a special grant with the Broome County Adult Drug Court and offer many services gratis for the Broome County Reentry Program. ACBC started providing adolescent treatment services with the Children’s Home of Wyoming Conference in February 2017. ACBC offers Vivitrol to patients with alcohol or opioid use disorders as part of their outpatient treatment program. ACBC was awarded the Family Navigator and Peer Advocate grants and began providing the services in September 2016.

**Dual Recovery Project-** The objective of the Dual Recovery Project is to coordinate a collaborative effort among Broome County providers of mental health and substance abuse services to enhance treatment and ancillary services for individuals with co-occurring mental health and substance use disorders. This project addresses: barriers in systems, finances, clinical practices, workforce competency, and access to service issues related to improving and enhancing care for persons with co-occurring disorders.

**Family Support Navigation-** Family support navigation provides an evidence-based family treatment therapeutic program, specific to the needs of co-occurring disorder clients. This program assists in overcoming barriers pertaining to substance abuse and mental health disorders and treatment. The visibility of this program relies on the strength of the many agencies working hard to meet the needs of the addiction crisis in the Southern Tier.

**Peer Advocate Support Services-** Certified Recovery Peer Advocate Program (CRPA) assists clients to expand the necessary skillset and relationships needed to achieve success in addiction recovery. This program helps remove barriers in recovery by mentoring, monitoring, and motivating individuals toward healthy integration with community and family support networks.

**Outpatient Clinic-** The Addiction Center of Broome County Clinic provides state-of-the-art outpatient treatment to individuals, their families, and others who are suffering from substance use disorders.

Services will be offered to all who need them without regard to age, sex, HIV status, religion, creed, sexual orientation, or race. Clients come to the agency suffering from an illness and its devastating effects. They will be treated with the utmost care, dignity, and respect.



SERVED 647

**Outpatient Rehabilitation Services-** ACBC’s Outpatient Rehabilitation Services are appropriate for individuals who meet outpatient criteria as well as the admission criteria for the program. With an emphasis on building social supports as well as daily living skills, individual needs are addressed by the diversity of treatment groups and the varied length of stay available for individuals in the program. Treatment follows the Stages of Change approach, with an emphasis on engaging clients in the treatment process, to provide needed support, and skills to enable clients to be successful in their recovery.



SERVED 214

**Agency Contracted Programs**

Program	State Aid	County Support
Clinic	\$ -	\$ 46,385
Family Support Navigator	\$ 100,000	\$ -
Peer Advocate	\$ 150,000	\$ -
Dual Recovery	\$ 88,780	\$ -
Rehab	\$ -	\$ 15,462



<http://www.catholiccharitiesbc.org/>

Established in 1937 as an area office of Catholic Charities of the Roman Catholic Diocese of Syracuse, New York Inc., Catholic Charities of Broome County (CCBC) provides a wide range of human service programming to persons of all ages residing in Broome County. Its mission is to care for those in need while promoting human development, collaboration, and the elimination of poverty and injustice; and empowering those served to transform their lives in the spirit of God's love and compassion. Catholic Charities is a not-for-profit agency that directly operates numerous mental health programs through contracts with the Broome County Mental Health Department. Mental health programs include outpatient and residential services for children and adults. Catholic Charities also operates residential programs through direct contract with The NYS Office of Mental Health (OMH) and Office for People with Developmental Disabilities (OPWDD). These residential programs include a Community Residence (CR), Certified Apartments, Supported Housing, Individualized Residential Alternative (IRA) Housing, and an Intermediate Care Facility (ICF). OMH Core Services have been under contract with Broome County since January 1, 2000. In 2012, the agency became a lead adult Health Home for Broome County; in 2016 it expanded to serve high need children in 48 upstate counties. These services are provided through Encompass Health Home LLC; care management is provided to over 1,600 adults and 800 children through 9 adult Care Management agencies and 31 children's Care Management agencies. [www.encompasshealthhome.org](http://www.encompasshealthhome.org).

**Coordinated Children's Services Initiative**– The purpose of the Coordinated Children's Services Initiative (CCSI) is to ensure that families are supported in staying together. State and Local interagency partnerships are fostered to improve the quality of decision making concerning services for children with special needs requiring multi agency involvement, who are at risk of removal from their homes. The program emphasizes three core principles: Cooperative interagency planning and integrated service delivery, Individualized care, and a Strength-based approach. Through implementation of these core principles as well as staffing the program with parents who have raised special needs children, placements out of the child's home were reduced significantly.



SERVED 68 Youth/119 Families

**ACT Team for Adults (ACT)**- The Assertive Community Treatment (ACT) Team is an Evidence-Based Practice (EBP) providing recovery-focused, community-based outpatient mental health treatment services for adults residing in Broome County. ACT serves individuals with a Serious Mental Illness (SMI) who have had difficulty remaining or engaging in treatment with other levels of service, have high utilization of community emergency and inpatient psychiatric services and demonstrate significant functional deficits. ACT employs a multi-disciplinary team approach targeting various areas of recovery including; Psychiatry, Counseling, Medication Education and Support, Crisis Intervention, Wellness, Family

Support, Vocational/Educational Support and Integrated Dual-Diagnosis Treatment. ACT also provides a complement of Case Management services addressing many other domains including; Housing, Finances/Entitlements, Advocacy, Health Care, Outreach and Linkage to other formal and informal community/self-help resources



SERVED 79

**Flex Team for Children**– The Children’s Flex Team provides services to children with Serious Emotional Disturbances and their families. The program emphasizes an individualized, strength-based approach to family engagement. A primary goal of the program is to enable children to live at home and in their communities. Services include Individualized Care Coordination, Intensive in-home care, Respite care, Skill-building, Family Support, and Crisis Response.



SERVED 65

**Children & Youth MICA Intensive Home Services**– This project enhances services to runaway/homeless children and youth with mental health/substance use disorder needs through a full-time Home Based Crisis Intervention Worker who provides or arranges for intensive in-home services for family reunification, out-of-home respite care, housing assistance, and services to support sobriety. Relapse prevention services are a part of the recovery process for youth with co-occurring psychiatric and addiction disorders. The overall goal of the program is to provide short-term intensive in-home crisis intervention services to a family in crisis due to the imminent risk of psychiatric hospitalization or youth homelessness.



SERVED 19

**Health Home for Adults**- A Health Home is a care management service model whereby an individual’s caregivers all communicate with one another so that all a patient’s needs are addressed in a comprehensive manner. This is done primarily through a Care Manager who oversees and provides access to all the services an individual might need to assure they receive everything necessary to stay healthy and avoid unnecessary Emergency Department or Hospital admissions. Health records are shared among providers so that services are not duplicated or neglected. Health Home services are provided through a network of organizations-providers, health plans and community-based organizations.



SERVED 5,622 Outreach & Engagement/ENROLLED 1,884

**Four Seasons Club**-The Four Seasons Club is a mental health program offering psychiatric rehabilitation for adults with severe mental illness. The purpose of the program is to prevent hospitalizations and deter

isolation by integrating adults with mental illness back into the community through vocational and social opportunities. The Clubhouse operates work units in which members volunteer their time while working on strengthening their vocational skills. Outreach services are a component of the Four Seasons Social Club whereby members participate in social events throughout the community.



SERVED 98

**Children & Youth Crisis Sitters/Respite-** This service provides crisis relief management to children with serious emotional disturbances and their families. The program is focused on preventing hospitalization and out-of-home placement. Services are provided to prevent or alleviate situational crises/tensions in the home.



SERVED 6

**Single Point of Entry (SPOA) for Case Management Services-**The SPOA for Case Management Services Program is designed to connect individuals with a serious mental illness to the most appropriate case management services available in Broome County. The program affords a streamlined, uniform process to match consumer needs with community resources, thereby reducing duplication of services. Interim case managers are responsible for interviewing clients, assisting new referrals, and meeting the immediate needs of clients.



ENROLLED 316

**Re-Entry Services-** Coordinates services for families whose children are experiencing a mental health hospitalization. Re-Entry supports families through the hospital stay and return home while assessing, bridging, linking, and advocating to assure continuity of care after the child/youth's discharge. The program improves treatment outcomes for high need children re-entering Broome County for out-of-county hospitals by intervening in the hospital service planning and discharge process.



SERVED 37

**Core Services-** Core Services consist of a series of Community Support Services (CSS) that include: Advocacy, Case Management, Drop-In Center, Four Seasons Psychosocial Club, and Transportation.

**Peer Counseling**-The Part-time Peer Counselor provides peer support and self-help services to Catholic Charities with Health Home participants.



SERVED 163

**Agency Contracted Programs**

Program	State Aid	County Support
ACT	\$ 100,569	\$ -
ACT Svc Dollars	\$ 33,235	\$ -
Café 290	\$ 135,381	\$ -
Case Management	\$ 40,909	\$ -
C & Y Reentry	\$ 51,950	\$ -
CCSI	\$ 44,630	\$ -
Consumer Advocacy	\$ 64,150	\$ -
Consumer Case Management	\$ 8,348	\$ -
CORE	\$ 49,323	\$ -
Crisis Sitters	\$ 33,972	\$ -
Drop In Center	\$ 48,044	\$ -
Four Seasons	\$ 590,383	\$ -
Health Home - Adults	\$ 194,853	\$ -
HH- Adults Service Dollars	\$ 152,889	\$ -
Kids Health Home	\$ 82,332	\$ -
Kids HH Service Dollars	\$ 87,672	\$ -
MICA Intensive In Home Svcs C&Y	\$ 45,611	\$ -
MICA Peer Counselor	\$ 20,649	\$ -
Parent Partner	\$ 41,205	\$ -
Single Entry	\$ 101,532	\$ -
Supported Employment	\$ 38,498	\$ -
Supported Housing	\$ 1,045,711	\$ -
Transitional Care Coord. Svcs	\$ 24,049	\$ -
Transportation	\$ 52,772	\$ -



<http://www.chowc.org/>

**The Children’s Home of the Wyoming Conference (CHOWC)** received a Health Care Reform Act (HCRA) grant in 2001 to provide support and respite services to children and families of children with Serious Emotional Disturbances (SED).

**Family Support Services Children & Families-** CHOWC’s “Parent’s Night Out”/ “Family-Centered Sibling Playgroup” provides support and respite services to children attending CHOWC Day Treatment Program and/or are receiving services from the Coordinated Children’s Service Initiative and their families. The children enrolled in these programs require intensive services to allow them to remain in the community. The overall goal of the Family Support Services Children & Families is to provide advocacy support for families at Committee on Special Education (CSE) meetings. This advocacy support provides parents/parent advocates of children with Serious Emotional Disturbances with information of the best possible services available for their children as well as information on child and family rights.

  
SERVED 60

**Agency Contracted Programs**

Program	State Aid	County Support
Family Support Services Children & Families	\$ 55,670	\$ -



<http://www.clearpath4vets.com/>

**The Veteran Peer-to-Peer Support Program** was awarded in November 2016 to Clear Path for Veterans. Clear Path for Veterans serves as a resource center of holistic warrior care ensuring Veterans receive support in the following six categories: healthcare, employment, wellness, benefits, education and housing. Delivery of these resources is done both directly and indirectly through community collaboration and peer support.

The core of the Broome County Veteran Peer-to-Peer Program is interaction. The Veteran Peer Support Specialist performs outreach, public awareness, collaboration, non-clinical peer mental health support as well as data collection and reporting. An important component of the Clear Path for Veterans model of service is the involvement of volunteers. Clear Path for Veterans offers Career Services for Veterans seeking training, employment and/or career development, including those with barriers to employment such as mental health diagnosis, other than honorable discharge or a history of incarceration. Clear Path for Veterans offers Wellness and has a contract with Soldier On to serve homeless and housing vulnerable Veterans.



SERVED 786

**Agency Contracted Programs**

Program	State Aid	County Support
Veteran Peer to Peer Support	\$ 120,000	\$ -



*Supporting People with Disabilities since 1989*

<http://www.comop.org/>

**Community Options, Inc.**, provides residential and employment services to people with disabilities in this community. Funding is provided through NYS Office for Persons with Developmental Disabilities (OPWDD), NYS Office of Mental Health (OMH), Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR), and Department of Health (DOH). Community Options, Inc. provides a variety of Medicaid Waiver Services along with Supported Employment Services. The organization assists the community by providing education and advocacy services as needed.

**Supported Employment-** This service assists clients in maintaining their employment. Community Options provides supported employment services so individuals can remain employed. The staff assists clients in securing employment with necessary support services (job coaching, day care, transportation, etc.) and to maintain employment with follow-along services.



SERVED 22

**Agency Contracted Programs**

<b>Program</b>	<b>State Aid</b>	<b>County Support</b>
Supported Work	\$ 35,809	\$ -



<https://www.ccsi.org/>

**Coordinated Care Services, Inc.** is a nonprofit organization dedicated to inspiring innovation in practice by providing essential business services in partnership with organizations that improve lives and strengthen communities. CCSI provides a broad array of management services and technical assistance specifically tailored to meet the needs of local behavioral health, social and human service departments, state agencies and community-based organizations in New York State.

Core services include: Management Services – Project and Program Management, Financial and Contract Management and Service Contracts. Technical Assistance – Financial services, Managed Care Readiness Consultation, Cultural Competence, Health Information Technology Consultation, Fiscal Business Practices, Training and Practice Transformation and Performance Management Services.

**Children’s Single Point of Access (SPOA)**- SPOA is a centralized intake process for referrals for high-intensity mental health services for children who have been diagnosed with a DSM-IV/V psychiatric diagnosis. It is designed to improve access to services while monitoring and coordinating utilization of these services through a single point.



SERVED 263

**Agency Contracted Programs**

Program	State Aid	County Support
Children's SPOA	\$ 137,892	\$ -



<http://frsinc.co/>

**Fairview Recovery Services (FRS)** is an OASAS licensed provider of programs to support individuals as they recover from substance use disorders. Residential programs offer substance abuse treatment, life skills and other support services for clients both in-house and in the community. Fairview's programs include the Addiction Stabilization Center (ASC), Community Residences (Fairview Halfway House and Merrick House), Supportive Living Program including Mannion House, the Housing Plus Care MRT program and Career Choices Unlimited. The Shelter Plus Care Project is funded through OASAS and a direct contract with HUD. Fairview is the lead agency for the HUD funded Homeless Management Information System (HMIS) and the Coordinated Entry program.

**Addiction Stabilization Center-** The Addiction Stabilization Center (ASC) is an 18-bed facility designed to serve the needs of adult men and women facing an alcohol or chemical dependency crisis, in need of a safe sober environment. Clients may refer themselves or be referred by other concerned persons. Anyone who is intoxicated, experiencing substance use related crisis (i.e., withdrawal), or meets other admission criteria specified in the Triage Plan can be admitted. Two discrete units are housed within the ASC. The first unit is a 10-bed Primary Care Unit that provides non-medical detoxification services. The second unit is an 8-bed Extended Care Unit for clients who need a safe, sober environment until a referral to the appropriate treatment program can be arranged.



SERVED 747

**Mentally Ill Chemically Addicted (MICA) Network-** Five beds out of 36 at Fairview's Community Residences and 5-10 beds out of 38 from the Supportive Living program are designated for dually-diagnosed individuals. A full-time MICA Social Worker provides case management and coordination of all services to clients of the project including: crisis intervention, supportive counseling, symptom monitoring and management, medication compliance, and referral. Initially, following the project proposal, admissions were limited to GBHC patients. To provide greater service to the community for this high-need population, the project was expanded to also accept referrals from other agencies.



SERVED 27

**Fairview Halfway House-** The Fairview Halfway House is a 24-bed halfway house for men. The program serves indigent men with a primary diagnosis of a substance use disorder. Most clients are homeless at the time of admission. Residents remain in the program for three to six months. Emphasis is placed on coordination with community-based behavioral health providers to support a strong clinical approach to recovery. Special populations include people with co-occurring disorders, criminal justice system clients, and homeless persons.

**Merrick House-** The Merrick House is a 12-bed Community Residence for women. The program serves indigent women with a primary diagnosis of substance use disorder. Residents remain in the program for three to six months. Special populations include women, co-occurring disorders, and homeless clients.

**Career Choices Unlimited-** The Career Choices Unlimited Program provides vocational and educational counseling and case management for individuals with barriers to employment because of their history of substance use disorder. Funded by OASAS, the program receives referrals from various local treatment agencies and expects to provide services to roughly 75 persons a year. The program expects to transition two-thirds of work ready participants from public assistance to competitive employment within 12 months of entering the program.

**Shelter Plus Care Project-** The Shelter Plus Care Project is an OASAS and HUD subsidized, 25-unit long-term residence program for employed or employable men and women, formerly homeless with a history of substance abuse. Participants meeting income criteria live independently with their families in apartments located throughout the Broome County area. Services include long-term rent subsidy, case management, and continued association with the recovery community.

**Agency Contracted Programs**

<b>Program</b>	<b>State Aid</b>	<b>County Support</b>
MICA Homeless	\$ 69,129	\$ -
Addictions Crisis Center	\$ 508,656	\$ -
Addiction Stabilization Center	\$ 310,436	\$ -
Career Choices Unlimited	\$ 54,632	\$ -
Fairview Community Residence	\$ 251,845	\$ -
Merrick Community Residence	\$ 168,416	\$ -
Shelter Plus Care	\$ 56,657	\$ -



<http://yourmha.com/>

**The Mental Health Association of the Southern Tier (MHAst)** is a private not-for-profit organization founded in 1927 and is the oldest continuously operating Mental Health Association in New York State. The organization is a United Way agency and an affiliate of the National and New York State Mental Health Associations. The agency's mission is to improve the quality of mental health of all community residents through advocacy, education, and support. The Mental Health Association operates mental health programs under contracts with Broome County.

**Rural Client Coordinator-** Bringing Equal Access to all Residents (BEAR) the Rural BEAR Program provides support, education, and advocacy to families whose children have Serious Emotional Disturbances (SED), who are at risk of or are already in out-of-home placement by providing low level care coordination, support, advocacy, transportation and education to families living in the rural school districts of Windsor, Deposit, Harpursville, Chenango Forks, Chenango Valley, Susquehanna Valley, Whitney Point, and Maine-Endwell. The Coordinator provides individualized care that reduces barriers, making mental health care more accessible. Rural BEAR staff provide a continuum of mental health care to children, youth and families by identifying strengths, needs, and concerns. Families and parents/guardians are educated on their youth's mental illness. Services are accessed through Children's Single Point of Access (SPOA).



SERVED 22

**Coordinated Children's Services Initiative (CCSI) FOCUS-** CCSI FOCUS is part of a statewide initiative designed to work in a strength-based manner with families whose children are experiencing significant difficulties in the home, school, or community settings. The purpose of CCSI FOCUS is to prevent out-of-home placements for children with Serious Emotional Disturbances (SED) and to assist parents and communities in collaboratively planning to meet the needs of these families.



SERVED 92

**Multicultural Program-** The Multicultural Program addresses the mental health needs of culturally diverse individuals of the community and provides support and information to help mental health agencies achieve and promote cultural competence. In addition, the program provides professionally trained interpreter services to local mental health agencies to address and remove language barriers. Currently, there are over 15 different languages spoken by interpreters.



## 708 INTERPRETER REQUESTS/183 PRESENTATION ATTENDEES

**Compeer Youth Mentoring-** This service provides community volunteers as supportive mentors to youth (ages 5-17) who have a mental illness or are at risk for developing social, emotional, and behavior problems. Each match is expected to participate in a minimum of four hours per month.



SERVED 36

**Self-Help Independence Project (SHIP)-** SHIP, awarded the 2003 Mental Health Associations of New York State (MHANYS) Ken Steele Memorial Award for Program Excellence, offers a continuum of programming and self-help services designed to provide educational and experiential opportunities for consumers who wish to become active participants in their own self-directed recovery. The Speakers Bureau, a panel of individuals with a mental health diagnosis, helps reduce stigma by sharing their personal stories with groups of students, providers, and other community organizations.

Another SHIP program is the Fundamental Follies Theatre Company. The company presents original plays with mental health themes. The shows are testimony to what people with a mental health diagnosis can achieve. The dynamics of theatre, including writing, acting, singing, and dancing serve as a nontraditional avenue of dedication to process as well as unique opportunity for communication and collaboration between providers and recipients. They often use a satirical theme which allows us to look at ourselves in a refreshing different light and to inject the crucial element of humor into the serious business of recovery.



SERVED 176

**Project Uplift-** The program provides Community Support Services (CSS) case management to individuals affected by severe mental illness and/or substance abuse. Adults 18 and over can be referred to CSS case management through the Adult Single Point Of Entry (SPOA). The program addresses critical needs of recipients including basic needs (food, clothing, and shelter), education and employment, medical, as well as mental and emotional health needs.



SERVED 48

**Compeer Program-** The Compeer Program provides community volunteers in supportive friendship matches for people with a psychiatric diagnosis. It recruits, trains, and supports these volunteers so that those recovering from mental illness may find strong support in the community. As an advocacy service, Compeer complements traditional mental health treatment programs. All activities offered by Compeer foster rehabilitation, recovery, and self-help independence.



SERVED 72

**Peer Education Team-** Peer Educators provide informational presentations to peers, family members, and service providers on topics ranging from traditional mental health services to peer support and self-help.



SERVED 344

**Peer Advocacy-** Services provided by recipients include information and referral, advocacy, establishing recipient networks and self-help groups, and providing education on consumer rights in the mental health system. The Peer Advocacy Program has walk-in hours and scheduled appointments are available.



SERVED 251

**The Beacon MICA Drop-In Center-** The Beacon is a weekend drop-in center for individuals with mental illness and substance abuse problems. Individuals can come to The Beacon on weekends when most other providers are closed for peer support, fellowship, and self-help meetings. The Beacon is open on Saturdays 12pm-8pm. and Sundays 1pm-8pm. The Beacon is located at Fairview Methodist Church, 254 Robinson Street. Binghamton, NY.



SERVED 326

**Sunrise Wellness Center-** The Sunrise Wellness Center is a peer-run program promoting recovery for individuals with mental health diagnoses. Sunrise encourages a self-directed approach to mental health services and promotes mental, physical, and spiritual wellness. Sunrise services also include Wellness Coaching, peer support (individual and/or group), educational workshops, and expressive arts. Sunrise is open Monday through Thursday 9am to 4:30pm and Friday 9am to 4pm. The Sunrise Wellness Center Warm Line (Peer Support Line) is 607-240-7291, which is available from 9am to 4:30pm Monday through Thursday, 9am to 4pm Friday, and from 12pm to 8pm Saturdays and Sundays.



SERVED 430

**Crisis Intervention Team (CIT) Program Coordinator-** The Crisis Intervention Team Program Coordinator works with the Binghamton Police Department, Broome County Sheriff's Department, Broome County Emergency Services (911 Dispatch) and other municipal law enforcement agencies to bring expert training to officers and staff to assist officers when responding to a call involving adults or adolescents expressing emotional distress. The initiative works to better equip officers and first

responders to assess and deploy appropriate resources in response to calls for service with an overarching goal of reducing and/or diverting unnecessary transports to local Emergency Departments. In 2017, with several collaborative partners in Broome County and across the nation, CIT in Broome County planned and implemented a 911 Distressed Caller Diversion program which is the first ever in the State of New York. This collaborative effort trained all Broome County dispatchers in the art of de-escalation and the importance of the use of empathy, but it also developed a workflow and risk assessment for 911 dispatchers to use and transfer low-risk distressed callers directly to a mental health counselor at CPEP. This initiative not only puts the person first by providing immediate and direct service to the consumer, but it also avoids the police response, frees up emergency room space, and is a Medicaid cost savings measure by avoiding the E.R., the ambulance rides, and all the other ancillary services when a person is brought to the hospital.



SERVED 442 Law Enforcement/14 Community Presentations

**Agency Contracted Programs**

<b>Program</b>	<b>State Aid</b>	<b>County Support</b>
Beacon	\$ 104,441	\$ -
CCSI / FOCUS	\$ 106,849	\$ -
Compeer	\$ 103,364	\$ -
Compeer Youth	\$ 46,940	\$ -
Crisis Intervention	\$ 86,515	\$ -
Crisis Respite	\$ 125,526	\$ -
Education	\$ 23,161	\$ -
Multi-Cultural	\$ 48,911	\$ -
Peer Advocacy	\$ 49,766	\$ -
Peer In Home Companion Respite	\$ 22,740	\$ -
Project Uplift	\$ 104,603	\$ -
Rural Client Coordinator	\$ 48,260	\$ -
SHIP	\$ 44,277	\$ -
Sunrise Wellness Center/Peer In Home	\$ 247,748	\$ -



<http://www.lourdes.com/centers-and-services/youth-services/>

**The Lourdes Center for Mental Health** is a NYS Office of Mental Health (OMH) Licensed Article 31 Clinic operated by Our Lady of Lourdes Memorial Hospital (Lourdes). The Clinic provides outpatient mental health treatment services to children and adults. Psychiatrists, social workers, and other mental health professionals provide assessment, treatment services, and facilitate groups to provide the best service to those we serve.

**Mental Health Juvenile Justice Program-** The Mental Health Juvenile Justice (MHJJ) Program was developed to serve youth up to 16 years of age who have been identified as Juvenile Delinquent or Persons in Need of Supervision (PINS) and in need of mental health and/or substance use disorder services. The program provides mental health and substance abuse assessments, short-term interventions, case management, and referral services. One of the primary goals of the program is to reduce out-of-home placements by serving youth and families at the greatest risk of placement.



SERVED 52

**Student Assistance Program-** The Student Assistance Program operates in several school districts in Broome County. The program is a Drug-Free Prevention Counseling Program licensed by the NYS Office of Alcoholism and Substance Abuse Services (OASAS). Counseling and prevention services are provided to students at risk for drug and alcohol abuse. The program has counseling sites in the following schools: Binghamton High School, BOCES East Learning Center, BOCES Evertech, Chenango Forks High School, Deposit Middle & High Schools, Maine-Endwell High School, Windsor High School, Johnson City Middle School, and Seton Catholic High School.



SERVED 11,098 (includes ADEPT program below)

**Alcohol and Drug Education Prevention Team (ADEPT)**- ADEPT is a team of community educators who provide prevention education on alcohol, drug, and problem gambling issues. ADEPT is operated by Lourdes Hospital’s Youth Services Department and is certified by NYS OASAS as a community education provider. The education services of ADEPT are available throughout Broome County and offered in a wide variety of settings. These education programs focus on providing accurate information on drugs and alcohol, while utilizing research-based programs and strategies.

**Agency Contracted Programs**

Program	State Aid	County Support
Mental Health Juvenile Justice Program	\$ 45,712	\$ -
Other Prevention Services	\$ 167,412	\$ -
Primary Prevention	\$ 197,171	\$ -



<http://www.stapinc.org/>

**Southern Tier AIDS Program (STAP)**, founded in 1984, provides supportive services to HIV + persons and state of the art prevention education from nine offices in an eight-county area. The agency cultivates individual and community strengths to improve public health. STAP provides services focused on improving health, with a harm reduction perspective.

**BCMHD Prison Reentry Program and Task Force**- The primary goal of the Broome County Reentry Task Force is successful offender reentry to enhance public safety- no new crimes, no new victims- for safer, stronger communities throughout Broome County. The primary target population is individuals returning to Broome County from a NY State Correctional Facility. Reentry requires collaboration both within the criminal justice systems and across local human service agencies. Community partners of the Broome County Reentry Task Force utilize evidence-based practices and adopt strategies allowing for positive change to occur while reducing recidivism. <http://facebook.com/able.program>



SERVED 175

**Agency Contracted Programs**

Program	State Aid	County Support
Local Reentry Task Force	\$ 127,060	\$ -



<http://www.familycs.org/>

**The Family & Children's Society (FCS)** is a private, non-profit, United Way agency that provides an array of counseling and support services including a NYS OMH Licensed Article 31 clinic. The mission of the agency is to renew hope; Provide help, care and counseling; Strengthen people through all stages of life. Counseling services are available for families, children and adults. Specialized mental health programs are provided for victims of sexual abuse and elderly persons. Broome County Mental Health contracts with the Family & Children's Society for the School Based Mental Health Program, Outreach Worker & Non-Medicaid Care Coordination Program, and Vocational Incentives Program.

**School Based Mental Health Program-** In 1998 the agency received Mental Health Reinvestment funding to establish three Family Support Centers in rural school districts where families might not otherwise receive support services necessary to strengthen families and reduce crises faced by children and youths. These Centers are in the Whitney Point School District, the Maine Endwell School District, and the Union Endicott School District. Services include assessments, counseling, consultation, case management, and linkages to other community agencies.



SERVED 156

**Outreach Worker & Non-Medicaid Care Coordination Program-** This program engages individuals potentially in need of mental health services. The program supports people with serious mental illness (SMI). Care Coordination services include linking people to needed services, monitoring established goals and outcomes and providing case specific advocacy.



SERVED 394

**Vocational Incentives Program (VIP)-** In 2014 the agency received funding through the Broome County Request for Proposal process. The VIP program helps individuals with a mental health diagnosis obtain and maintain employment. Services focus on helping jobseekers identify their strengths, creating a resume, completing applications and developing interviewing skills. Ongoing, personal support is provided throughout the job search process and continues following employment to promote job retention.



SERVED 63

**Agency Contracted Programs**

<b>Program</b>	<b>State Aid</b>	<b>County Support</b>
Clinic Treatment	\$ 130,000	\$ -
Non-Medicaid Case Coordination	\$ 34,231	\$ -
Outreach	\$ 72,277	\$ -
School Counseling	\$ 131,599	\$ -
Vocational Education Program	\$ 109,025	\$ -



<http://www.uhs.net/>

**United Health Services (UHS) Hospitals** is a not-for-profit, community-benefit organization. Each of the seven member organizations comprising UHS is owned by the community it serves, and each organization is governed by an all-volunteer Board of Directors composed of local citizens.

**HOME Program**- The HOME Program serves adults, age 65 and older, with a mental or behavioral illness, who are unable or unwilling to access mental health services in Broome County but could benefit from in-home mental health care. The program provides direct services such as consultation with a mental health professional, in-home mental and medical health assessment and/or short-term counseling and referrals to other services.



SERVED 58/257 HOME VISITS

**Comprehensive Psychiatric Emergency Program (CPEP)**- Located next to the Emergency Department of Binghamton General Hospital, CPEP offers a 24-hour crisis service staffed by highly-trained psychiatric nurses, social workers, and paraprofessionals under the direction of a medical director/psychiatrist to assist any person, adult or child, in crisis. Individuals can call or come to CPEP in person. All visits and services are strictly confidential.

**Agency Contracted Programs**

Program	State Aid	County Support
Advocacy Support Services	\$ 131,307	\$ -
CPEP Crisis Intervention	\$ 859,336	\$ -