

## **COMMUNITY MENTAL HEALTH NURSE**

**DISTINGUISHING FEATURES OF THE CLASS:** The work involves responsibility for providing skilled psychiatric nursing care to clinic patients to aid in prevention, treatment and rehabilitation of mental illness. The incumbent performs a variety of nursing activities as part of a multi-disciplinary team, provides health related training to other staff and carries a therapy caseload for assigned clients. Work is performed under general supervision of a Supervising Social Worker with wide latitude allowed for the exercise of independent judgment in performing nursing duties. Supervision is not generally a function of this position. Does related work as required.

### **TYPICAL WORK ACTIVITIES:**

Provides professional psychiatric nursing service as a member of a multi-disciplinary psychiatric treatment team;  
Assesses and identifies patient nursing care needs and prepares and carries out a nursing care plan;  
Participates in the intake, screening, and diagnostic evaluation of clinic patients and/or their family members;  
Visits patients' homes to identify factors in the social, psychological and physical environment which may contribute to the disability;  
May refer clients to other agencies for a variety of needed services;  
Makes recommendations to fellow team members regarding emergency or continuing care and suggests alternative treatment plans;  
Maintains contact with agencies such as schools, social services and probation offices to understand and/or overcome clients' medical and psychological problems;  
Advises the family of methods of dealing with or correcting emergency situations and on the availability of medical, social and housing facilities for the patient;  
Participates in and assists fellow team members in assessing, planning for, meeting and evaluating patient and family member needs to aid in the formulation of a treatment plan;  
Assists in community mental health education, consultation, and public relations activities;  
Provides in-service psychiatric nursing education, orientation and consultation to staff and other community agencies;  
Attends courses and performs independent study and reading to further professional growth;  
Compiles and maintains a variety of records, reports and statistical information.

### **FULL PERFORMANCE KNOWLEDGE, SKILLS, ABILITIES AND PERSONAL CHARACTERISTICS:**

Thorough knowledge of the principals and practices of community mental health nursing;  
Good knowledge of current trends and theories in the nursing care and treatment of patients with mental or emotional problems;

Good knowledge of community organizations and resources available for the mentally ill;  
Working knowledge of abnormal signs and symptoms relating to physical, psychological and emotional health;  
Working knowledge of individual and group counseling techniques;  
Ability to provide mental health teaching and consultation to staff and community agencies;  
Ability to establish and maintain cooperative working relationships with patients, families and colleagues;  
Ability to communicate effectively both orally and in writing;  
Ability to perform close, detail work involving considerable visual effort and strain;  
Skill in the application of current nursing procedures and techniques of patient care;  
Empathy for persons with emotional or mental health problems;  
Physical condition commensurate with the demands of the position.

**MINIMUM QUALIFICATIONS:**

- A) Possession of a master's degree in psychiatric or community mental health nursing from a regionally accredited or New York State registered college or university; OR
- B) Graduation from a regionally accredited or New York State registered college or university with a Bachelor's Degree in nursing and one year of experience in public health, rehabilitation, mental health or psychiatric nursing in a position requiring the provision of direct service to patients in the community; OR
- C) Completion of 30 credit hours beyond a basic nursing program in any combination of nursing, psychology, social work, biology, or closely related fields and three years of experience as defined in B) above; OR
- D) Any equivalent combination of training and experience as defined by the limits of A), B) and C) above.

**NOTE:** Candidates filing under option C) must submit a list of courses specifying the school attended, semester and course number, name and credits with their applications.

**SPECIAL REQUIREMENTS:** Possession of a license and current registration to practice as a Registered Professional Nurse.