

NURSING ASSISTANT TRAINEE (NAT)

DISTINGUISHING FEATURES OF THE CLASS: This position exists in the Willow Point Rehabilitation and Nursing Center and requires the incumbent to participate in a six-week training program that upon successful completion becomes a Certified Nursing Assistant. The work involves learning how to provide personal care, comfort and safety for assigned residents in a nursing home. The incumbent learns to perform duties of observing changes and assisting residents with activities of daily living. Direct supervision is received from a Certified Nursing Assistant (CNA) Instructor. Does related duties as required.

TYPICAL WORK ACTIVITIES:

Learns to answer call lights/bells and resident requests in a timely manner;

Learns to bathe, shave, shampoo, comb hair, dress, provide mouth care and nail care for residents requiring assistance;

Learns to give massage, and apply emollients, lotions and ointments to areas requiring treatment;

Learns to serves meals and nourishment to residents and assist those requiring help;

Learns to provide appropriate fluids at intervals throughout the day;

Learns to provide perineal, colostomy and catheter care and application of briefs;

Learns to administer bedpans, urinal and enemas as required;

Learns how to take and record blood pressure, temperature, pulse, weight, respiration rate and oxygen saturation level;

Learns how to measure and record food and liquid intake and output;

Learns how to maintain record of care and observation, resident care profiles, and Activities of Daily Living (ADL);

Learns how to report orally any deviation in resident's condition to charge nurse, and document pertinent resident information using electronic information system;

Learns how to observe and note condition of skin, hair, nails and mouth;

Learns how to observes color, odor, and character of output;

Learns how to assist in the collection of specimens;

Learns how to perform passive and active range of motion;

Learns how to transfer residents to and from bed or chair, and position the resident in proper body alignment and documents on resident's record (resident care profile);

Learns how to escort residents to activities and appointments using techniques appropriate to their condition;

Learns how to participate in socialization activities;

Learns how to provide clean linen and clothing;

Learns how to remove soiled linen and clothing;

Learns how to participate in infection control programs by using proper hand washing techniques, avoiding cross contamination and uses proper isolation techniques as required;

May attend in-service education sessions as required;

Learns how to assist in postmortem care;

FULL PERFORMANCE KNOWLEDGE, SKILLS, ABILITIES AND PERSONAL CHARACTERISTICS:

Ability to complete requirements set forth in the Certified Nursing Assistant program;
Ability to measure amounts of liquid;
Ability to document, read, and understand resident care profile;
Ability to follow oral and written instructions;
Ability to follow routine practices;
Ability to read and write brief, simple accurate descriptions;
Ability to get along well with others;
Ability to work with uncooperative residents;
Ability to recognize and follow the dress code of the facility;
Ability to lift without restrictions;
Ability to communicate, listen and explain procedures to residents;
Ability to show respect for resident's privacy and belongings;
Interest in learning about the elderly and the needs of residents in a nursing home;
Punctuality;
Dependability;
Confidentiality.

MINIMUM QUALIFICATIONS: NONE

SPECIAL REQUIRMENT: Must successfully complete CNA training program and obtain New York State certificate of completion of Nurse Aide Training Course. Upon meeting these requirements, the incumbent will be moved to the position of Certified Nursing Assistant.