# Broome County Office for Aging SENIOR CENTERS

www.gobroomecounty.com/senior/SCC

#### **Binghamton**

 First Ward Senior Center 607-797-2307
 Meal Reservations: 607-729-6214 (Operated by City of Binghamton. OFA provides meal program.)
 226 Clinton Street, Binghamton Monday-Friday: 8:30 am - 3:30 pm

# • North Shore Towers Senior Center 607-772-6214

24 Isbell Street, Binghamton Monday-Friday: 10 am - 2 pm

#### **Chenango Bridge**

 Chenango Bridge Senior Center 607-663-0406

740 River Road, Binghamton, NY 13901 Located in the First United Methodist Church of Chenango Bridge Mon, Wed & Friday: 10 am to 2 pm

#### Deposit

• Deposit Senior Center 607-467-3953 Christ Episcopal Church 14 Monument Street, Deposit Tues & Thurs: 10 am - 2 pm

#### Endwell

• Broome West Senior Center 607-785-1777 2801 Wayne Street, Endwell Monday-Friday: 9 am - 3 pm

#### Harpursville

• Eastern Broome Senior Center 607-693-2069 27 Golden Lane, Harpursville Monday-Friday: 9 am - 2:30 pm

#### **Johnson City**

 Johnson City Senior Center 607-797-3145 Meal Reservations: 607-797-1149 (Operated by Johnson City Senior Citizens Center, Inc. OFA provides meal program) 30 Brocton Avenue, Johnson City Mon-Thurs: 9 am - 4 pm, Fri: 9 am - 2pm

#### Vestal

• Vestal Senior Center 607-754-9596 Old Vestal Jr. High Cafeteria 201 Main Street, Vestal Monday-Friday: 9 am - 2 pm

#### Whitney Point

 Northern Broome Senior Center 607-692-3405
 12 Strongs Place, Whitney Point Monday-Friday: 9 am - 3 pm NEW YORK STATE Vour Link to Long Term Services and Supports of BROOME COUNTY

(800) 342-9871 (607)778-2278





Language interpretation services are arranged upon request.



Funded by The Administration for Community Living, New York State Office for the Aging and Broome County

# Your One-Stop for Information

# (607) 778-2411

Broome County Office Building 60 Hawley Street PO Box 1766, Binghamton, NY 13902

Email: ofa@broomecountyny.gov

www.gobroomecounty.com/senior

# **PROGRAMS AND SERVICES**

# **Caregiver Services**

Information, training, consultation, respite options, and support for families and friends caring for older adults. **607-778-2411** 

## Foster Grandparent Program

Volunteer opportunities to provide support to children at local schools, daycares and Head Start programs. **607-778-2411** 

#### Health & Wellness and Nutrition Education

Exercise programs, health screenings, nutrition counseling, evidence based programs,and other special events. **607-778-2411** 

#### Health Insurance Information, Counseling & Assistance Program (HIICAP)

Health insurance counseling service provided by Action for Older Persons, Inc. **607-722-1251** 

# **In Home Services**

Services that can help older adults remain independent in their homes when they are experiencing difficulty with activities of everyday life. **607-778-2411** 

#### Home Energy Assistance Program (HEAP)

Program that helps with winter energy expenses and makes referrals to other programs: Weatherization, Clean and Tune, Cooling, Emergency HEAP and Heating Equipment and Replacement. **607-778-2411** 

# Legal Services for the Elderly

No cost legal assistance with simple wills, powers of attorney, health care proxies, living wills, simple real estate and income maintenance matters. Services provided by Legal Aid Society of Mid-New York. **607-231-5900** 

## **Meals-on-Wheels**

Healthy meals available daily to homebound older adults. **607-778-2411** 

## **Medicaid & SNAP Certification**

Assistance with applications for older adults. **607-778-2411** 

#### NY Connects Information & Assistance

Information about long term services and programs that support older adults and caregivers. **607-778-2411** 

# OFA "ID" Cards

Provides identification to be used to access meals and activities at senior centers, transportation on the OFA Mini Bus and discounted fixed route and BC Country rides. **607-778-2411** 

## **Resource Center**

Brochures and other printed materials about topics related to aging. Visit our website: www.gobroomecounty.com/senior **607-778-2411** 

#### **Senior Centers**

Nine sites offering healthy meals, activities and recreation. **607-778-2411** 

# **Senior Helpers Program**

Maintains lists of workers who registered for tasks such as home repairs, housekeeping, shopping, transportation, companionship etc. If you need to hire help call to request list of workers to be mailed to you. **607-778-6105** 

## **Senior News**

A monthly publication with articles and information of interest to older adults, including senior center activities, special events, health information, wellness activities and benefit programs. **607-778-2411** 

#### **Shopper Service**

Grocery shopping for the homebound. **607-778-2411** 

#### Yesteryears

Program offers socialization for frail older adults or those with dementia, while providing respite to caregivers. **607-778-2411** 

# Transportation

Older adults have access to the OFA Mini Bus service and Getthere Mobility Management that can help navigate all other transportation options.

#### BC Transit: 607-763-4464 Getthere: 1-855-373-4040

# Questions? Call the Office for Aging at 607-778-2411